



January 2026 Kata Camp

Purpose: This Event is open to all kata enthusiasts of any age or rank including practitioners and judges. The purpose is to provide a kata clinic learning experience and a competition experience in a more informal setting. Members from all Provinces are invited but especially southern Western provinces.

When: January 17 & 18, 2026

Where:

- i. Saturday at the Raymond Judo Club located at Victoria Sports Park 350E 100N, Raymond, Alberta T0K 2S0
- ii. Sunday at Lethbridge Kyodokan Judo Club located at 2775 – 28th Avenue South – Lethbridge, Alberta T1K 7L6

Clinicians: Gord Okamura, An Hor Chhay, Jennifer Parker, Scott Allen

Registration Fee: \$35.00 Trackie

Registration Link: <https://registration.judocanada.org/event/january-2026-kata-camp/1004268/>



Registration Deadline: Wednesday, January 14

When registering, please indicate which you intend to attend (you can choose more than 1)

Nage no Kata clinic ☐	Kata to demonstrate:	Kata to judge:
Goshin Jutsu clinic ☐	Nage no Kata (3 sets) Tori ☐ Uke ☐	Nage no Kata (3 sets) ☐
Katame no Kata clinic ☐	Nage no Kata (5 sets) Tori ☐ Uke ☐	Nage no Kata (5 sets) ☐
	Katame no Kata Tori ☐ Uke ☐	Katame no Kata ☐
	Ju no Kata Tori ☐ Uke ☐	Ju no Kata ☐
	Goshin Jutsu Tori ☐ Uke ☐	Goshin Jutsu ☐
	Kime no Kata Tori ☐ Uke ☐	Kime no Kata ☐

Indicate tori and uke's names. To judge, certification is not necessary but must have some knowledge of the kata and the 2025 Kata Competition Criteria for Evaluation. There will be two surfaces 8X8 meters. Dress code: white judogi for demonstration and for judging.

Contact Gord Okamura at gyokamura@gmail.com or phone 780-435-2973 if any questions.

Note: As a weekend camp or clinic, you can earn 5 points towards your black belt under the Technical Stream. Kata judges would receive the same 5 points for attending the camp (not for kata judging because this is not a kata competition).

Schedule:

Part 1-Kata clinics led by clinicians and

Part 2-Kata demonstrations which provide teams with competition experience in a more informal setting where you perform your kata, are scored by judges and then given feedback; there are no medals handed out. Prizes will be handed out as random draws for teams but the experience and the feedback from the judges would be the biggest prize.

Saturday

9:00 to 12:30 Nage no Kata Clinic (sets 1-3)

12:30 to 1:30 Lunch

1:30 to 5:00 Kodokan Goshin Jutsu Clinic (weapons available) and Photo

Sunday

9:00 to 9:30 Kata teams warm up / Kata Judges meeting

9:30 to 12:00 Demonstrations start

12:00 to 1:00 Lunch

1:00 to 3:00 Katame no Kata Clinic (Optional; will start at the end of the Demonstrations)