



## January 2026 Kata Camp

**Purpose:** This Event is open to all kata enthusiasts of any age or rank including practitioners and judges. The purpose is to provide a kata clinic learning experience and a competition experience in a more informal setting. Members from all Provinces are invited but especially southern Western provinces.

**When:** January 17 & 18, 2026

**Where:**

- i. Saturday at the Raymond Judo Club located at Victoria Sports Park 350E 100N, Raymond, Alberta T0K 2S0
- ii. Sunday at Lethbridge Kyodokan Judo Club located at 2775 – 28th Avenue South – Lethbridge, Alberta T1K 7L6

**Clinicians:** Gord Okamura, Scott Allan

**Registration Fee:** \$35.00 Trackie

**Registration Link:** <https://registration.judocanada.org/event/january-2026-kata-camp/1004268/>



Registration Deadline: Wednesday, January 14

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Update Dec 7 2025

When registering, please indicate which you intend to attend

Nage no Kata clinic   
Goshin Jutsu clinic   
Katame no Kata clinic

Kata to demonstrate:

Nage no Kata (3 sets) Tori  Uke   
Nage no Kata (5 sets) Tori  Uke   
Katame no Kata Tori  Uke   
Ju no Kata Tori  Uke   
Goshin Jutsu Tori  Uke   
Kime no Kata Tori  Uke

Kata to judge:

Nage no Kata (3 sets)   
Nage no Kata (5 sets)   
Katame no Kata   
Ju no Kata   
Goshin Jutsu   
Kime no Kata

Indicate tori and uke's names. To judge, certification is not necessary but must have some knowledge of the kata and the 2025 Kata Competition Criteria for Evaluation. There will be two surfaces 8X8 meters. Dress code: white judogi for demonstration and for judging.

Contact Gord Okamura at [gyokamura@gmail.com](mailto:gyokamura@gmail.com) or phone 780-435-2973 if any questions.

Note: As a weekend camp or clinic, you can learn 5 points towards your black belt under the Technical Stream. Kata judges would receive the same 5 points for attending the camp (not for kata judging because this is not a kata competition).

### **Schedule:**

**Two parts – i) Kata clinics** lead by clinicians and **ii) Kata demonstrations** which provide teams with competition experience in a more informal setting where you perform your kata, are scored by judges and then given feedback; there are no medals handed out. Prizes will be handed out as random draws for teams but the experience and the feedback from the judges would be the biggest prize.

### **Saturday**

9:00 to 12:00 Nage no Kata Clinic (sets 1-3);  
12:00 to 1:00 Optional: Nage no Kata Clinic sets 4 &5  
12:00 to 2:00 Lunch  
2:00 to 5:00 Kodokan Goshin Jutsu Clinic (weapons available) and Photo

### **Sunday**

9:00 to 9:30 Kata teams warm up / Kata Judges meeting  
9:30 to 12:00 Demonstrations start  
12:00 to 1:00 Lunch  
1:00 to 3:00 Katame no Kata Clinic (Optional; will start at the end of the Demonstrations)