



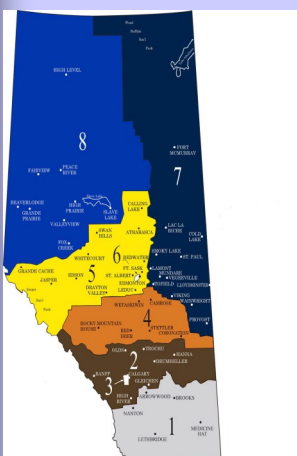
2025 Alberta Winter Games Fight off Technical package

General Information

www.albertagames.com

Zone 1 – Sunny South
Zone 2 – Big Country
Zone 3 - Calgary
Zone 4 - Parkland

Zone 5 – Black Gold
Zone 6 - Edmonton
Zone 7 – North East
Zone 8 – Peace Country



Government
of Alberta



Alberta

Freedom To Create. Spirit To Achieve.

Registration:

Lethbridge: <https://registration.judocanada.org/event/2026AWGFightOff-SouthZones1-3>

Fort Saskatchewan: <https://registration.judocanada.org/event/2026AWGFightOff-Zones4-8>

Who: Zone 1-3

What: judo fight-offs

Where: Lethbridge Judo Club

2775-28ave S

Lethbridge, Ab

Weigh-ins: 7:00-8:00pm, Nov
21, Friday

Competition: Nov 22/2025

9:00am-11:00am

Who: Zone 4-8

What: judo fight-offs

Where: Tolide dojo

Dow Centennial Center

87 Avenue - 84 Street

Fort Saskatchewan, Ab

When: Nov 29/2025

Weigh-ins: 11:00-11:30am

Competition: 2:00pm-16:00pm

Eligibility:

- Competitors must hold a provincially recognized rank of at least Orange belt to brown belt.
- Athletes having represented Alberta at previous Canada Games will be ineligible for these Games.
- Athletes having represented Alberta at previous National Championships will be eligible for these Games.
- An athlete can represent a zone in which they train or reside.
- The athlete may only register and compete in one (1) zone playoff.
- 12-16 years of age (as of December 31, 2025)
Year of Birth: 2009-2013
Athletes seventeen (17) years of age, or athletes turning seventeen (17) during the Alberta Games, are NOT eligible to attend the Games.

Entry fee: \$10

Tournament format: Round robin within each zone. Top 2 of each zone will then compete in a Round robin competition combining the 3 or 5 zones.

Registration deadline: Lethbridge Nov 20/2025. Fort Sask Nov 27 2025

IJF contest rules and supplemental age class modifications as per Judo Canada Tournament sanctioning guidelines, (U16 Based Rules) shall govern the Alberta Winter Games Judo competition, with the following exceptions: Chokes and armlocks will NOT be allowed. Entry into sankaku gatame will result in a matte as the referee cannot determine if a choke is being attempted. Blue and white judogis are Mandatory

Weight Classes

Male

- Under 42 kg
- Over 42 kg up to and including 46 kg
- Over 46 kg up to and including 50 kg
- Over 50 kg up to and including 55 kg
- Over 55 kg up to and including 60 kg
- Over 60 kg up to and including 66 kg
- Over 66 kg up to and including 73 kg
- Over 73 kg

Female

- Under 40 kg
- Over 40 kg up to and including 44 kg
- Over 44 kg up to and including 48 kg
- Over 48 kg up to and including 52 kg
- Over 52 kg up to and including 57 kg
- Over 57 kg up to and including 63 kg
- Over 63 kg