

### **REMOTE WEIGH-IN POLICY**

Weigh-ins will be conducted according to the IJF rules and to be consistent with Judo Alberta and Judo Canada policy.

Applicants must complete the Remote Weigh-in Application, found on Judo Alberta's website, and submit it to the tournament host for inclusion in their Sanction application. Late applications must also be approved by the host in order that they may update their tournament package and arrange receipt of information.

#### **Remote Weigh-In Designate:**

The designate must attend the weigh-in to ensure accuracy, order and control.

#### **Remote Weigh-In Sites:**

Remote weigh-ins must be located in Alberta at any Judo Alberta certified site, if offered by a tournament. A certified remote weigh-in site must be approved by Judo Alberta's Sanction Officer. Host clubs should submit a request to the Judo Alberta office to contact clubs to host a remote weigh-in site in advance of submitting a sanction application.

Remote weigh-in hours must be within the day and times of the tournament site weigh-ins.

Weigh-in sites need to ensure that there are no cameras or recording devices of any kind in the weigh in rooms.

#### **Official & Trial Scales:**

A trial scale, or access to official scales, may be available to the participants in advance of the official weigh-in times. If trial scales are used that are not the same as the official scales, these must be indicated as "unofficial".

If electronic scales are used, the required accuracy is the first decimal digit after kilogram reading. If the display shows more than one digit, these extra digits must be covered by non-transparent tape.

Approved weigh-in sites must have a scale with up-to-date calibration paperwork (within the last 12 months) for the official scale. The calibration paperwork must be available, if necessary, at the remote weigh-in site. A copy of the calibration paperwork must be provided at the time of application for remote weigh in.

#### **Weigh-In Attendants:**

Weigh-in attendants must be of legal age and the same gender as the athlete. It is recommended that 2 attendants of each gender be present in the weigh-in rooms with their respective genders.

#### **Identification:**

Each Canadian athlete is required to present a Judo Canada membership card or likeness as a proof of membership in good standing at weigh-in. **All "A" Sanctioned** events also require a

government issued photo IDs (driver's license, Canadian Passport, Citizenship Card, Permanent Resident card; medical card, where allowed, or Student card).

**Removal of Clothing/Age related tolerance:**

The athletes of age U14 and older shall weigh in wearing only underclothing (men/boys – underpants and optional t-shirt, women/girls – underpants and bra and optional t-shirt).

Any socks, jewelry or body piercings must be removed.

For these age groups, a tolerance of 0,2 kg is applied to accommodate for the weight of the underclothing and optional T-shirt.

Athletes of these age divisions are NOT allowed to remove their underclothing.

All athletes of the age group U12 and younger shall weigh in with judogi pants and t-shirts, no exceptions, and no weight tolerance is granted.

**Weight Tolerance:**

Unless noted otherwise in this document or in the tournament technical package, no weight tolerance is accepted.

Athlete's weight must be within the lower and upper limits of the category for which they are registered.

In case two weight categories are combined according to the technical package, the athlete must weigh within the lower limit of the lower weight class and the upper limit of the higher weight class.

**Recording Weights:**

The exact weight of the contestants, including heavy weights, must be entered on the weigh-in sheet/cards, together with the initials of the weigh-in official.

**Official Remote Weigh-In Sign Off and Submission:**

The on-site designate must sign off on the weigh-in and ensure these results are forwarded to the tournament host designate within 30 minutes of the end of weigh in period.