



**judo  
alberta**

THE ALBERTA KODOKAN BLACK BELT ASSOCIATION



**GRANDE  
PRAIRIE  
2024**

Alberta Winter Games

**2024 Alberta Winter Games Fight  
off Technical package**

All athletes are requested to register on line at [www.albertagames.com](http://www.albertagames.com).  
There is no password needed. Athletes will still need to fill in the hardcopy forms as well.

**Registration**

click here for more info / registration

- Zone 1 – Sunny South
- Zone 2 – Big Country
- Zone 3 - Calgary

- Zone 4 - Parkland
- Zone 5 – Black Gold
- Zone 6 - Edmonton
- Zone 7 – North East
- Zone 8 – Peace Country



**Zone 1-3**

Fight-offs Lethbridge  
Judo Club  
(2775-28ave S  
Lethbridge, Ab)

When: Weigh-ins:  
Nov 24/2023 6:00pm  
–7:00pm

(Remote weigh ins  
also at Hiros Judo Club  
Calgary - (Same times)

Competition:  
Nov 25/2023 4:15pm-  
6:30pm

**Zone 4-8**

Fight-offs  
Ft Sask. Tolide dojo

(Dow Centennial Center  
87 Avenue - 84 Street  
Fort Saskatchewan, Ab)

When: Dec 2/2023  
Weigh-ins: 11:00-  
11:30am

Competition: After EYJS  
tournament completes

**Eligibility:**

- Competitors must hold a provincially recognized rank of at least Yellow belt.
  - Athletes having represented Alberta at previous Canada Games will be ineligible for these Games.
  - Athletes having represented Alberta at previous National Championships will be eligible for these Games.
  - An athlete can represent a zone in which they train or re-side. The athlete may only register and compete in one (1) zone playoff.
- Born 2007-2011

**Fight off - guidelines**

(U16 Based Rules), with the following exceptions:  
  
-Chokes and armlocks will NOT be allowed.

**Entry fee: \$10**

**Tournament format: Round robin  
competition combining the 4 zones.  
Registration deadline: Nov 20 /2023.  
(South)**

**Registration deadline: Nov 27 /2023.  
(North)**

**Male**

- Under 40 kg
- Over 40 kg up to and including 45 kg
- Over 45 kg up to and including 50 kg
- Over 50 kg up to and including 55 kg
- Over 55 kg up to and including 60 kg
- Over 60 kg up to and including 66 kg
- Over 66 kg up to and including 73 kg
- Over 66 kg up to and including 73 kg
- Over 73 kg up to and including 81 kg
- Over 81 kg

**Female**

- Under 44 kg
- Over 44 kg up to and including 48 kg
- Over 48 kg up to and including 52 kg
- Over 52 kg up to and including 57 kg
- Over 57 kg up to and including 63 kg
- Over 63 kg