

# JUDO ALBERTA

MEISHU  
MONDAY



## George Tesanovic

### What is your fondest judo moment?

I have lots of good memories in my judo career but the one that is my fondest of all is when I was selected to represent my country (Yugoslavia) at the European Judo Championship in 1992

### Who was the person you always hated to do randori with? and why?

Funny you ask that so here it is, we all have/had people that we did not like doing judo with for many different reasons and I had them to. I never liked doing randori with Colin Morgan but not because of him, it was because of his judogi. His judogi was so stiff and the sleeves were too short and tight so I could not ever have good sleeve grip.

### Who is your favorite judoka / judo player and why?

My favorite judoka is 1984 Olympic Champion Yasuhiro Yamashita (Japan). His story with him competing with an injured leg, not giving up and winning the gold medal is inspiring

### If you could be a 16-year-old judoka again and coach yourself what would the one piece of advice you would give yourself?

If I was 16 again, one-piece of advice to my self would definitely be to develop my other side throws since they are very important too, In my case left side throws.

### How are you staying physically active during the covid-19 crisis?

From the beginning of this pandemic I have been working a lot as a front-line worker working as a bus driver in Calgary. In my free times I am walking my sweet dog Lilly and taking bike rides with my kids.

**What are your future judo goals?** My future judo goals are seeing myself for many more years helping my club and Judo Alberta grow.

### How long have you been doing judo?

Started judo when I was 7 years old and have been doing it for 39 years

### What Judo Club do you belong to?

My first club was Judo club Slavija in Novi Sad – Yugoslavia. I moved to Judo club Student and then Student joined Judo club Partizan Hins. After several years in Partizan Hins I moved back to my mother club Slavija. I have been member of Ishi Yama Judo club since 1995.

### Most important advice your sensei ever gave you?

There were many advices given to me from my Sensei's but the one I will never forget and telling the story to my students today is "Judo is like a life with lots of ups and downs but if you keep challenging yourself you will climb to the top of the ladder and achieve your goals"

### What do you enjoy the most about judo?

Judo is part of me/my life, I love judo in every possible way. My enjoyment in judo right now is that I am able to transfer my knowledge to younger generations and all the things that I have learned from my Sensei's.