



EDMONTON  
*Yudanshakai*  
**JUDO**  
SOCIETY



# **Yellow** to **Green** Belt Tournament

Hosted by EYJS Member Clubs  
Dow Centennial Centre  
8700-84 Street  
Fort Saskatchewan

Subject to change based on facility availability/conflicting date

Judo Alberta Sanctioned  
Saturday December 8th, 2018



**judo**  
**alberta**  
THE ALBERTA KODOKAN BLACK BELT ASSOCIATION

**Tournament setup & competition organization-11:00 AM**  
**Competition starts at 12:00PM**

**Where:** Dow Centennial Centre  
8700-84 Street  
Fort Saskatchewan, AB

**When:** **December 8th**, all Subject to change based on facility availability/conflicting dates.

**Purpose:** Developmental tournaments to expose the lower belt level judoka in EYJS to a tournament environment. These tournaments are also training grounds for referees, timekeepers, drawkeepers, setup, etc.

**Time:** Tournament setup/competitor organization 11 AM. Fighting starts 12 noon.

**Kids Tournament Director:**

Mark Hicks or Wesley Enns  
Phone: (780) 782-3669  
Fax: (780) 449-1351  
Email: mhicks@sherwoodford.ca

**Divisions:** Determined exclusively by size and sex of the participants. However, two distinct groupings are defined, "*under 16*", and "*16 and over*" to ensure that physical variances evident with age, are not present in the competitors, and that competitors are of similar physical and mental development.

**Weight Ins:** No weigh-ins required as athletes are sized up, however athletes are to write weight on the release form.

**Draws:** Format determined once athletes are grouped. Options--round robin or double knock out. It is at the discretion of the tournament director and organizers at tournament.

**Divisions:**

**U8**

- No Shiai competition is allowed. This randori is not judged, but is a part of the demonstration.
- Skill demonstration is allowed & must include breakfalls in all direction & to the left and right side.
- Ne waza techniques and escapes in at least two directions.
- During the demonstration of throwing techniques, the grip is allowed only at the front of the judogi, except when a hip throwing technique is demonstrated.
- Demonstration may include randori for judoka who earned at least a yellow belt.
- All participants must be awarded a prize at the end of the presentation.

**NOTE:** If randori is a part of the demonstration, participants must be matched by size and genders may be mixed. The randori demonstration does not require a tournament size tatami.

***The following actions are not allowed--***o kansetsu and shime waza; head locking with a grip over or around the neck; all drop down techniques, which start on one or both knees; tani otoshi; makikomi waza and sutemi waza.

**U10 & U12-** In accordance with Judo Canada's Long Term Athlete Development (LTAD), these divisions will be skill based. Competitors will be grouped by Sensei verified weight and athletes will participate in a number of randori bouts. During these bouts an ippon will not end the match. Contestants will continue to compete for 2 minutes running time. Only in the case where one

athlete dominates by 3 consecutive ippons, injury, or grave infraction of the rules will the match be suspended. One judge will officiate, but will not call conventional scores, as competitors will be allowed to fight as in randori. The judge will control the flow of the match calling matte when appropriate and advising competitors of prohibited acts. Ne waza will be allowed to continue as long as there is progress. When osae waza is executed, it will be allowed to continue until there is no apparent advance in escape by uke, at which time the judge will announce 'matte' and resume in tachi waza randori. A grouping of 3-5 athletes and a round robin draw format will be used.

Technical ability, willingness to compete, and sportsmanship will evaluate the match. The technical assessment will not only include throw appreciation, but also osae waza, effective transition from tachi waza to ne waza, renraku waza, ability to destabilize and throw in different directions, utilization of different techniques, utilization of hando no kuzushi, as well as an evaluation of posture.

**Please note the following rules for U10, U12 & U14:**

- Grip must be in the front of the judogi (sleeve and lapel) unless attempting a hip technique.
- The following techniques will not be allowed in the U10, U12 and U14 divisions--kubinage and similar throws, leg grabbing techniques, tani otoshi, all drop down techniques which start on one or two knees (ie. drop seoinage), makikomi waza.
- Sutemi waza is prohibited for U10 & U12 BUT allowed in U14.
- Shime-waza and kansetsu waza is not permitted in U15 and younger.
- There will be no "Golden Score" for U16 and younger categories.
- Modified medical rules for U18 and younger; only 2 medical examinations allowed to continue competing; blood will be dealt with in the usual manner
- Arm locks are not permitted in U18 and younger
- The minimum rest period between matches shall be 5 minutes.
- **White gi is required for first name called, blue judogi is optional for second name called.**
- Judo Canada and Judo Alberta regulations as of the tournament date to be enforced

**Medical:** Medical coverage is provided during the event.

**Cost:** \$10/participant (**PLEASE BRING EXACT CHANGE & SIGNED WAIVER**)

## **LAST Tournament of the 2018 year!**

**We need Referees, Parental volunteers for Table workers  
make sure you come out & Help  
It's a close. time effective tournament to participate in.**

**Please ensure your students and club members  
get to enjoy it by ensuring their attendance.**

**MINOR**  
**(Under 18**  
**years old)**

**ATHLETE'S NAME:** \_\_\_\_\_

**WEIGHT:** \_\_\_\_\_ **kg**      **COACH VERIFIED:** \_\_\_\_\_

**CLUB:** \_\_\_\_\_

**NOTICE: This is a legal document**, which must be properly completed and signed or your entry will not be accepted. PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

**RELEASE, INDEMNITY, WARRANTY, REGISTRATION AND ASSUMPTION OF RISK**

In consideration of the acceptance of the entry of \_\_\_\_\_ (hereinafter referred to as "the said child") to compete in and/or being permitted to participate in the **EDMONTON YUDANSHAKAI JUDO SOCIETY (EYJS) Regional Tournament/Demonstration** (hereinafter referred to as "This event"), I/we for myself/ourselves and for and behalf of the said child hereby release, remise, and forever discharge and agree to indemnify and save harmless the Alberta Kodokan Black Belt Association, Edmonton Yudanshakai Judo Society (EYJS), EYJS clubs, Dow Centennial Center, the City of Fort Saskatchewan, their respective organizers, officers, executives, directors, officials, agents, servants, sponsors and representatives (hereinafter referred to as "the releasees") from and against all claims, actions, costs, expenses, and demands in respect of death, injury, loss, or damage to the person or property of said child, or myself/ourselves, however caused, arising out of or in connection with the said child competing, or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises or otherwise, of or by the releases or any of them.

I/We agree to assume all risks, both known and unknown, and all consequences thereof, for me/us and for and on behalf of the said child, arising out of or in connection with said child competing or participating in this event.

I/we agree for myself/ourselves and for and on behalf of the said child to adhere to all rules, regulations and conditions of this event.

I/We agree to allow the said child to participate in one weight division higher than his/her actual weight if there are insufficient competitors in either division and as guided by Judo Alberta's Sanction Policy. He/She may partake in exhibition matches one weight division higher than his/her actual weight.

I/we hereby register the said child as a competitor or participant in this event and I/we certify that: The said child is in good physical condition and has no injury, disease or disability that would impair his or her performance or physical condition or increase the likelihood of injury in competing or participating in this event.

No physician, nurse, therapist trainer, coach, manager, or other person has advised me/us not to allow the said child to compete or participate in a body contact sport or in this event.

I/we am/are familiar with the sport of judo and the nature of a judo contest. I/we am/are aware that there is a risk of injury by the very nature of the sport. We are the father and mother of the said child or the guardian(s) of the said child and the only person(s) lawfully entitled to act for and on behalf of the said child. This document shall be binding upon the said child, me/us, the heirs, executors, administrators, assignees and personal representatives of each of us and the said child.

I/we have read this document and I/we agree that the said child and I/we are bound by its terms. I/we further understand that it is compulsory and mandatory that this document be fully completed and signed as a condition precedent to the said child competing or participating in this event.

**DATE** \_\_\_\_\_

**SIGNATURES**

\_\_\_\_\_  
(FATHER/GUARDIAN)

\_\_\_\_\_  
(MOTHER/GUARDIAN)

\_\_\_\_\_  
(PRINT NAME)

\_\_\_\_\_  
(PRINT NAME)

**ADULT**  
**(Under 18  
years old)**

<b>ATHLETE'S NAME:</b> _____
<b>WEIGHT:</b> _____ <b>kg</b> <b>COACH VERIFIED:</b> _____
<b>CLUB:</b> _____

**NOTICE: This is a legal document**, which must be properly completed and signed or your entry will not be accepted. PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

**RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK**

IN CONSIDERATION OF the acceptance of my entry to compete and/or my being permitted to participate in the **EDMONTON YUDANSHAKAI JUDO SOCIETY (EYJS) Regional Tournament/Demonstration** (hereinafter referred to as "This event"), I/we for myself/ourselves and for and behalf of the said child hereby release, remise, and forever discharge and agree to indemnify and save harmless the Alberta Kodokan Black Belt Association, Edmonton Yudanshakai Judo Society (EYJS), EYJS clubs, Dow Centennial Center, the City of Fort Saskatchewan, the organizers of this event, their respective officers, executives, directors, officials, agents, servants, sponsors and representatives (hereinafter referred to as " the Releasees") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to my person or property, however caused, arising out of or in connection with my competing or participating in this event and not withstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of common duty of care as an occupier of premises, or otherwise, of or by the Releasees or any of them.

I agree to participate in one weight division higher than my actual weight if Tournament organizers deem that there are insufficient competitors in my actual weight division and as guided by Judo Alberta's Sanction Policy. I may partake in exhibition matches at my actual weight or one weight division higher.

I agree to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with my competing or participating in this event. I agree to adhere to all rules, regulations and conditions of this event.

**I CERTIFY THAT:**

- I am in good physical condition and I have no injury, disease or disability nor have I injected or ingested anything that would impair my performance or physical condition or increase the likelihood of injury in competing or participating in this event.
- No physician, nurse, therapist, trainer, coach, manager or other person has advised me not to compete or participate in a body contact sport or this event.
- I am familiar with the sport of Judo and the nature of a Judo contest. I am aware that there is a high risk of injury by the very nature of the sport.

**THIS DOCUMENT SHALL BE BINDING UPON ME, MY HEIRS, EXECUTORS, ADMINISTRATORS, ASSIGNS AND PERSONAL REPRESENTATIVES.**

I have read this document and I understand it fully.

**SIGNED** \_\_\_\_\_

**DATE** \_\_\_\_\_

**PRINT NAME** \_\_\_\_\_