

2016 SASK OPEN JUDO CHAMPIONSHIPS

JUDO CANADA REGIONAL RANKING TOURNAMENT

NATIONAL A LEVEL EVENT

U14 – U16 – U18 – U21 – SENIOR – MASTERS

JANUARY 22-24, 2016

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GAME™
www.sasksport.sk.ca

Competition Venue:
SportPlex (Fieldhouse)
1717 Elphinstone Street
Regina, SK

柔道



Sanctioned by Judo Canada and Judo Saskatchewan

Sask Open Judo Championships
January 22-24, 2016

TOURNAMENT SITE:

SportPlex (Fieldhouse)
1717 Elphinstone Street, Regina, Saskatchewan

TOURNAMENT DIRECTOR:

Chris Dornstauder
Email: reginayjudo@gmail.com
Phone: (306) 570-7479

CHIEF OFFICIAL: T.V. Taylor

CHIEF REFEREE: Robb Karaim

THIS IS A PRE-REGISTRATION TOURNAMENT

Entry Fees			
U14	\$40	Additional Division (maximum 1)	\$20
U16 / U18 / U21 / Senior / Masters	\$50	Late Fee	\$20
Kata (team of 2)	\$25	Weight Division Change	\$20

- NOTES:
- > No refunds will be issued unless event is cancelled
 - > **A separate registration form MUST be completed for EACH division entered.**
 - > Registration forms and fees must be received and postmarked **no later than January 15, 2016.**
 - > Make cheques payable to **Regina Y Judo Club.**
 - > Kata is not considered an additional division; however if a team would like to participate in 2 or more kata divisions, the additional kata divisions are \$15.

****NEW** ALL athlete registrations must be entered into the "2016SkOpenE-Registration.xls" spreadsheet available at www.reginayjudo.com/sask-open-tournament and sent to reginayjudo@gmail.com. DO NOT send waivers without emailing the completed spreadsheet.**

Send forms/payment to: Jeannine Yuen Phone: (306)539-8718
32 Cecil Crescent Email: reginayjudo@gmail.com
Regina Sk, S4T 5Y5

ELIGIBILITY:

- Open to all members of Judo Provincial Associations, Judo Canada and IJF Associations of other countries. All Canadian competitors must show valid Judo Canada membership card when they weigh in. All foreign participants must show documentation of a valid membership with their National Association.
- Minimum rank of Yellow belt (NO WHITE BELT PARTICIPATION).
- For Referees, a minimum of Provincial A level is required.

TOURNAMENT GUIDELINES AND RULES

- IJF regulations apply. Unless specifically modified in Judo Canada's "Tournament Standards and Sanctioning Policy"
- The Tournament Committee reserves the right to make changes in the best interest of the tournament and contestants.
- Weight classes or age divisions may be combined if an unsuitable number of athletes are registered in a particular weight division.
- Draw is a modified double elimination.
- All weights are exact weight. No allowance will be given.
- Females must wear a plain white T-shirt under their judo gi.
- No kansetsu waza or shime waza are allowed in any competition for a novice judoka (Orange Belt and below).

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U14

Born 2003/2004

Rank Minimum: Yellow Belt	
Time Duration 3 minutes. No Golden Score.	
Male	Female
up to and including 34 kg	up to and including 32 kg
+34 kg up to and including 38 kg	+32 kg up to and including 36 kg
+38 kg up to and including 42 kg	+36 kg up to and including 40 kg
+42 kg up to and including 46 kg	+40 kg up to and including 44 kg
+46 kg up to and including 50 kg	+44 kg up to and including 48 kg
+50 kg up to and including 55 kg	+48 kg up to and including 52 kg
+55 kg up to and including 60 kg	+52 kg up to and including 57 kg
+60 kg up to and including 66 kg	+57 kg up to and including 63 kg
more than 66 kg	more than 63 kg

Notes:

Alternatively, if other arrangements are needed to accommodate participants, competition among children is allowed whose body weights do not differ more than 15% of the weight of the lightest participant in a designated event.

The following actions and techniques are not allowed and will be penalized by a shido:

- Kansetsu and shime waza.
- Head locking with a grip over or around the neck in tachi waza.
- All drop down techniques, which start on one or both knees.
- Sutemi Waza are not allowed for Yellow and Orange belts but allowed for Green and up
- Makikomi waza are not allowed for Yellow and Orange belts but allowed for Green and above.
- Sankaku gatame or sankaku roll-over are interpreted as attempts on a Shime Waza and therefore are not allowed.

This is the youngest age group where the Sutemi Waza is allowed

U16

Born 2001/2002

Rank Minimum: Yellow Belt	
Time Duration 3 minutes. Golden Score - No time limit.	
Male	Female
up to 38 kg	up to 36 kg
more than 38 kg and up to 42 kg	more than 36 kg and up to 40 kg
more than 42 kg and up to 46 kg	more than 40 kg and up to 44 kg
more than 46 kg and up to 50 kg	more than 44 kg and up to 48 kg
more than 50 kg and up to 55 kg	more than 48 kg and up to 52 kg
more than 55 kg and up to 60 kg	more than 52 kg and up to 57 kg
more than 60 kg and up to 66 kg	more than 57 kg and up to 63 kg
more than 66 kg and up to 73 kg	more than 63 kg and up to 70 kg
more than 73 kg	more than 70 kg

Notes:

- IJF regulations apply; NO Kansetsu waza are allowed.

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U18

Born 1999-2000 (2001 as per Early Bloomer clause)

Rank Minimum: Yellow Belt	
Time Duration: 4 minutes. Golden Score - No time limit.	
Male	Female
up to 46 kg	up to 40 kg
more than 46 kg and up to 50 kg	more than 40 kg and up to 44 kg
more than 50 kg and up to 55 kg	more than 44 kg and up to 48 kg
more than 55 kg and up to 60 kg	more than 48 kg and up to 52 kg
more than 60 kg and up to 66 kg	more than 52 kg and up to 57 kg
more than 66 kg and up to 73 kg	more than 57 kg and up to 63 kg
more than 73 kg and up to 81 kg	more than 63 kg and up to 70 kg
more than 81 kg and up to 90 kg	more than 70 kg
more than 90 kg	

Notes:

- IJF regulations apply.
- Early Bloomer clause applies (Page 10, Item 1 of Judo Canada Sanctioning Policy).
- Competitors 15 years old (born in yr 2001) may be allowed in the U18 age category only if deemed mature enough by Provincial Coaching Staff.

U21

Born 1996-1998 (1999 - 2001 as per Early Bloomer clause)

Rank Minimum: Yellow Belt	
Time Duration: 4 minutes. Golden Score - No time limit.	
Male	Female
up to 55 kg (not an IJF weight division)	up to 44 kg (not an IJF weight division)
more than 55 kg and up to 60 kg	more than 44 kg and up to 48 kg
more than 60 kg and up to 66 kg	more than 48 kg and up to 52 kg
more than 66 kg and up to 73 kg	more than 52 kg and up to 57 kg
more than 73 kg and up to 81 kg	more than 57 kg and up to 63 kg
more than 81 kg and up to 90 kg	more than 63 kg and up to 70 kg
more than 90 kg and up to 100 kg	more than 70 kg and up to 78 kg
more than 100 kg	more than 78 kg

Notes:

- IJF regulations apply.
- Early Bloomer clause applies (Page 10, Item 1 of Judo Canada Sanctioning Policy).
- Competitors 15 yrs old (born in yr 2001) and 16 yrs old may be allowed in the U21 age category only if deemed mature enough by Provincial Coaching Staff, regardless of their Early Bloomer eligibility.

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SENIOR

Born 1998 or earlier (1999 - 2001 as per Early Bloomer clause)

Novice Division	
Rank Requirement: Yellow/Orange/Green Belt	
Advanced Division	
Rank Requirement: Blue/Brown/Black Belt	
Time Duration: Male 5 minutes / Female 4 minutes Golden Score - No time limit.	
Male	Female
up to 55 kg (not an IJF weight division)	up to 44 kg (not an IJF weight division)
more than 55 kg and up to 60 kg	more than 44 kg and up to 48 kg
more than 60 kg and up to 66 kg	more than 48 kg and up to 52 kg
more than 66 kg and up to 73 kg	more than 52 kg and up to 57 kg
more than 73 kg and up to 81 kg	more than 57 kg and up to 63 kg
more than 81 kg and up to 90 kg	more than 63 kg and up to 70 kg
more than 90 kg and up to 100 kg	more than 70 kg and up to 78 kg
more than 100 kg	more than 78 kg
OPEN weight division (Advanced only)	OPEN weight division (Advanced only)

Notes:

- IJF regulations apply.
- Early Bloomer clause applies (Page 10, Item 1 of Judo Canada Sanctioning Policy).
- Competitors 15 yrs old (born in yr 2001) may be allowed in the senior age category only if deemed mature enough by Provincial Coaching Staff, regardless of their Early Bloomer eligibility.

MASTERS

M1/F1: 30-39 (Born 1977-1986)

M2/F2: 40-49 (Born 1967-1976)

M3/F3: 50+ (Born 1966 or earlier)

Rank Minimum: Yellow Belt	
Time Duration: 3 minutes. Golden Score - No time limit.	
Male	Female
Light	Light
Middle	Middle
Heavy	Heavy

Notes:

Competitors will be divided into the most appropriate weight ranges on the day of the tournament after all participants have weighed in.

- IJF regulations apply.

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TOURNAMENT SCHEDULE:

Time	Friday, January 22	Saturday, January 23	Sunday, January 24	
7:30AM		7:45AM Referees Meeting		
8:00AM		8:00AM Draws Finalized - No changes made to draw sheets.		
8:30AM		8:30AM Opening Ceremonies Shiai Competition Starts Order of divisions: Masters U21 U14 U16 Senior Senior Novice U18 ----- <i>Medal Ceremonies</i>		
9:00AM				
9:30AM				
11:00AM			9:00 am – 11:30 am Team Training (Fieldhouse)	9:30 am – 11:00 am Kata Training Location: Senshudokan @ Thomson School (2033 Toronto St.)
11:30AM				
6:00PM	6PM - 9PM Weigh Ins (Fieldhouse)			
6:30PM		6:30PM Kata Competition Ju no kata Goshin Jutsu Katame no kata Nage no kata (3 set and 5 set)		
8:30PM		8:30PM Referees Seminar (Fieldhouse)		
9:00PM				

AWARDS:

Custom Tournament medals for 1st, 2nd and 3rd Place.

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HOST HOTELS:

Recommended Accommodation Options:

Travelodge Hotel & Conference Centre Regina

4177 Albert Street, Regina SK S4S 3R6

Telephone: (306)586-3443

Rate: \$139.95/night plus taxes

Block Code: CGCDOS

website: www.travelodgeregina.com

email: groupsales@travelodgeregina.com

Fax: (306)586-9311

Block of 40 rooms reserved

Standard Rooms are non-smoking and feature: wireless high-speed Internet, Two queen-size beds, Work desk & chair, Coffeemaker with free daily coffee & tea, Mini-fridge, Full cable channels, Movies on Demand, access to newly renovated swimming pool, waterslide and exercise room.

Waterpark Details: www.travelodgeregina.com/welcome-to-soaked-waterpark/soaked-waterpark-features/

Deadline: [December 22, 2015](#)

Ramada Plaza Regina

1818 Victoria Ave, Regina SK S4P 0R1

Telephone: (877) 361-2502

Rate: \$155.55/night plus taxes (Quad Occupancy)

Block Reference Code: 96221033

website: www.ramadaregina.com

email: regina@saskramada.com

Block of 15 rooms reserved

Clean, modern and economical, Queen rooms offer plush triple-sheeted Hypnos pillow-top beds, flatscreen TVs, no-charge Wi-Fi and more. Enjoy the convenience of free local calls, adjustable A/C and heat, ironing board, and coffeemaker and all our standard amenities. Available, Late Check Out Available upon Request

Deadline: [December 29, 2015](#)

REGISTRATION FORM

Athletes MUST complete a separate form for EACH division they are entering.

Please complete all the following information (print neatly):

Name: _____ Birthdate: M _____ D _____ Y _____ Sex: M / F

Address: _____ Phone: _____

Judo Club/Province/State/Country: _____ Sensei: _____

Rank: _____ Judo Association: _____ Judo Canada # _____

DIVISION (Please complete a separate form for EACH division)

Division	Weight (kg)	Division	Weight (kg)
U14 Male		U14 Female	
U16 Male		U16 Female	
U18 Male		U18 Female	
U21 Male		U21 Female	
Senior ADVANCED Male		Senior ADVANCED Female	
Senior NOVICE Male		Senior NOVICE Female	
Masters Male		Masters Female	
Kata	Tori	Uke	

REGISTRATION FEE

U14	\$ 40.00	Paid by: _____ Cash _____ Cheque # _____ Receipt Issued: # _____ Make Cheques Payable to: Regina Y Judo Club
U16 / U18 / U21 / Senior / Masters	\$ 50.00	
Kata	\$ 25.00	
Additional Division (maximum 1)	\$ 20.00	
Late Fee	\$ 20.00	
Change in Weight Division	\$ 20.00	
TOTAL FEES OWING	\$.	

RELEASE INDEMNITY, WARRANTY, REGISTRATION AND ASSUMPTION OF RISK

In consideration of your acceptance of this entry to the Sask Open Judo Championships, _____
(Judoka's name)

_____, my heirs, executors, administrators and assigns, do hereby release and discharge Judo Canada, Judo Saskatchewan, Regina Y Judo Club and representatives, of and from any and all claims, demands, losses and injuries

incurred or sustained by me _____
(Parent/Guardian's name if judoka is less than 18 years of age)

as a result of attending, practicing for, or travelling to or from the Sask Open Judo Championships.

(Judoka's Signature)

(Parent/Guardian's Signature)

(Date)

(Date)

Referees Evaluation

National C level referee evaluations will be taking place on Saturday Jan 23rd during the competition.

To request an evaluation or for more information please contact:
Robb Karaim: judo1656@gmail.com

Referees Seminar

Friday January 22nd @ 8:30PM
Classroom 2 - Fieldhouse

Coaches, Referees & Officials are all welcome!

This seminar is mandatory for National C candidates

Non-alcoholic drinks and Food provided.

For more information & to register Contact
Robb Karaim: judo1656@gmail.com