Club Coaches Retreat Questionnaire

Name:

Judo Club:

Are you interested in attending a Club Coaches Retreat? 

Will you be able to attend this year’s event? 

What areas are you interested in?

Athlete conditioning 

Gripping 

Nutrition for athletes 

Mental training for athletes 

New Technical skills (general) 

⮚ Ground 

⮚ Standing 

New Tactical skills 

Which age brackets do you coach?

U10/U12  U14 

U16  U18  U21  Seniors 

Other comments: