



TECHNICAL PACKAGE

2015 Elite 8 Invitational National Championships Under 18; Over 18 Montreal, Quebec, Canada 10-11 January 2015

GENERAL TOURNAMENT INFORMATION

Entries for the tournament must be submitted to Judo Canada in Ottawa by **Friday, 12 December 2015**. Entry forms are available at:

<https://register.beanstream.com/scripts/registration.asp?form=2512>

The IJF tournament format with Quarter final repechage is used at this event.
For Weight divisions with five (5) or less competitors: Round Robin format will be used

Tournament Regulations as per Judo Canada's Tournament Standards and Sanctions manual 2014/15, unless specified otherwise in this document.

A minimum of 2 competitors must be registered in a weight category for the competition to take place.

Immediately after you register at the hotel, proceed to tournament registration. All necessary information including tournament accreditation will be available at tournament registration.

No use of bleeding dyes on the body or hair of competitors is allowed. In cases such use is undetected and damage results to the equipment of the opponent, or the tatami, the competitor will be disqualified and the Provincial Association of which that individual is a member will be charged for the damage.

The National Training Camp will take place prior to the tournament (5-8 January 2015). Refer to the training camp section of this package (page 5).

***IMPORTANT NEW:** In order for Judo Canada, the athletes and the support personnel to be in compliance with the new Canadian Anti-Doping Program, all those wishing to participate in the National Championships (coaches and athletes) must complete an on-line learning module produced by the Canadian Centre for Ethics in Sport. This exercise **must be completed two weeks prior to the accreditation day (27 DEC 2014) of the event (individuals will NOT be permitted to compete/coach if they have not completed the module 2 weeks prior to the event – (NO EXCEPTIONS WHATSOEVER. NO REFUNDS ISSUED).** The module will take approximately 90

minutes to complete and is mandatory for everyone. Make sure you provide an e-mail address when you register to ensure Judo Canada can send you the information to complete the module.

DOPING CONTROL. Each participant in the National Championships is subject to a doping control by the Canadian Centre for Ethics in Sport (CCES) on a random basis in accordance with the Canadian Anti-Doping Program (CADP). To avoid an inadvertent positive test and the consequences of an anti-doping rule violation, athletes are encouraged to take the following steps:

- **[Complete the CCES online e-learning module \(2 weeks PRIOR to accreditation\)*](#)**
- Check the Global DRO (www.globaldro.com) to determine if any prescription or over-the-counter medications or treatments that are banned by the WADA Prohibited List.
- Review medical exemptions requirements (www.cces.ca/medical) if you require the use of a banned medication for a legitimate medical reason.
- Do not use supplements, or take precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Read more: www.cces.ca/supplements
- Review the steps of the doping control sample collection procedures: <http://www.cces.ca/en/samplecollection>

For additional resources and general information about anti-doping, please contact the CCES:

Email: info@cces.ca

Call toll-free: 1-800-672-7775

Online: www.cces.ca/athletezone

ORGANIZING COMMITTEE & TOURNAMENT DIRECTOR

President

Stewart Tanaka

Event Coordinator - Judo Canada

email: s.tanaka@judocanada.org

Tournament Directors

Gerald Poirier – Set up and Operation of the tournament site

Andrzej Sadej – Technical Package, Registration, verification of entries, draw.

Chief Official:

Donald Ferland – Chair of Judo Canada Referee Commission

Medical/Doping:

MC Dion

ACCOMODATIONS , HEADQUARTERS & ACCREDITATION

Hotel Auberge Unversel
5000, rue Sherbrooke East
Montreal, Quebec, Canada; H1V 1A1
Tel: 1-800-567-0223/(514) 253-3365 Fax: (514) 253-9958;

Cost: \$109/night for up to Quad Occupancy (2 double beds).
(Please request the bedroom type on booking. Room types are limited.)

Please use ONE of the following codes when contacting the hotel for reservations:

Judo Canada Training Camp AND Elite8 Competition (5-11 January 2015)
Promo code: **JCTCHU** (bookable 2-11 January 2015)

Judo Canada Elite8 National Championships (9-11 January 2015)
Promo Code: **JCE8HU**

One Team Leader per province is asked to verify the team registration and to pick up the participants packages for their team, including accreditation badges. Certified accreditation is required for access to the weigh-in room and the shiai-jo.

NOTE: The tournament Chair reserves the right to revoke the accreditation of anyone showing blatant disrespect for the rules and procedures for the competition as established by the Organizing Committee. There will be a zero tolerance alcohol policy (automatic revocation of accreditation) for all athletes.

TRANSPORTATION FROM THE AIRPORT

The transportation from the airport to the hotel and from the hotel to the airport is the responsibility of participating athletes.

There is no transportation between the hotel and the shiai-jo which are located in 5 minutes walking distance.

MEETING AND WEIGH –IN LOCATIONS

Hotel Auberge Unversel
5000, rue Sherbrooke East
Montreal, Quebec, Canada; H1V 1A1

Accreditation, Referee Meeting & Technical Meeting – Coubertin Room Downstairs

COMPETITION SITE

Centre Pierre Charbonneau
3000, Blvd. Viau; Montréal, Québec; H1V 3J3
Tel: (514) 872-6644; Fax: (514) 872-7671

REGISTRATION (ELIGIBILITY)

The Elite 8 Nationals is by invitation only. Judo Canada will release the ranking of athletes for the eligible age categories on November 14th, 2014

Only athletes ranked in top 8 in their respective weight divisions are eligible to register for the competition at:

<https://register.beanstream.com/scripts/registration.asp?form=2512>

The training camp (5-9 January 2015) registration is found at:

<https://register.beanstream.com/scripts/registration.asp?form=2508>

Registrations must be submitted by midnight (EASTERN TIME) 12 December 2014

Entry Fee: \$105.00/athlete

Second entry – if applicable, is \$55.

ELIGIBILITY

Athletes must compete for the provincial association of which they are a member in good standing and must have a valid proof of membership. All competitors must present their Judo Canada Membership Card (2014-15) at weigh-in. Only Canadian Citizens and Permanent Residents are allowed to participate in this competition.

EVENTS:

- o **Under 18:** Males 46; 50; 55 ; 60 ; 66; 73 ; 81; 90; +90; Female: 40; 44; 48; 52; 57; 63; 70;+70
- o **Over 18:** Males 55; 60; 66; 73; 81; 90; 100; +100 Female: 44; 48; 52; 57; 63; 70; 78; +78

AGE GROUPS:

Under 18 – Born in 1998, 1999 and younger if qualified via the Early Bloomer clause

Over 18 – Born earlier than in 1997, born in 1997 and younger if qualified via the Early Bloomer clause

COACHES MEETINGS AND DRAWS

Friday, 9 January 2015 – draw for the U18 and OVER 18

The Coaches Meeting will be held at the headquarters hotel (Coubertin Room) from 20:00 to 21:30 pm.

Seeding as per Judo Canada's U18 AND OVER 18 ranking list as previously indicated.

NATIONAL TRAINING CAMP

The National Training Camp will take place from 5-9 January 2015 at Judo Canada's National Training Centre located at the INS Quebec – Olympic Stadium in Montreal located in 10 minutes walking distance from the hotel Auberge Universel.

The training camp (5-9 January 2015) can be registered at:

<https://register.beanstream.com/scripts/registration.asp?form=2508>

COMPETITION SCHEDULE

Please note: schedule subject to change pending the number of entries

Friday January 09	16 – 18:00 Accreditation 18 – 19:00 unofficial weigh- in U18 19 – 19:30 official weigh-in U18 20 – 21:30 coaches and officials meeting / U18 AND OVER 18 draw
Saturday January 10	09:00– 15:00 Preliminaries, repechage and bronze medal bouts U18 16:00 - Opening Ceremonies 16:30 Gold medal rounds. Medal Presentations 18 – 19 unofficial weigh- in Over 18 19 – 19:30 official weigh-in Over 18
Sunday January 11	09:00– 16:00 Preliminaries, repechage and medal bouts Over 18 There will be no break between preliminaries and medal matches. Medal Presentations

2015 National Winter Training Camp

INS Quebec

1. Entries to the training camp must be submitted by **5 December 2014.**
<https://register.beanstream.com/scripts/registration.asp?form=2508>
2. Athletes, who are not members of the National Team or participants in the National Championships, may attend the National Training Camp if they are members in good standing with their Provincial Judo Association are who are U16 or higher, hold the rank of 3K. Please see the camp registration form for details on how to register.?
3. Each team (including officials) is responsible for reserving its own accommodations.
4. One Chaperone (coaches, managers) is recommended for every **10** underage athletes.
5. Training sessions will be conducted by Judo Canada designated Coaches.
6. Depending on the number of participants in the camp, training sessions will be conducted for all participants at once or the sessions will be split between categories or between Males and Females. Specific schedule will be produced once the numbers of participants are known.

Training Camp Schedule

Head Coach of the camp: Nicolas Gill

Assistant Coaches: Sasha Mehmedovic; Jeremy LeBris, Janusz Pawlowski, Andrzej Sadej

Day	5 janvier/ January 5	6 janvier/ January 6	7 janvier/ January 7	8 janvier/ January 8	9 janvier/ January 9
AM	10:00- 11:30 Newaza	10:00- 11:30 Technical	10:00- 11:30 Newaza	10:00- 11:30 Technical	10:00- 11:30 Newaza/ Tachiwaza
Lunch/Break	12h00 –	12h00 –	12h00 –	12h00 –	12h00 –
PM	16h30-18h00 Women and U16 / Femmes et U16 18h00-20h00 Men / Hommes Tachiwaza	16h30-18h00 Women and U16 / Femmes et U16 18h00-20h00 Men / Hommes	16h30-18h00 Women and U16 / Femmes et U16 18h00-20h00 Men / Hommes	17h30-19h30 Men & women / hommes et femmes Tachiwaza	
Curfew	22h30	22h30	22h30	22h30	22h30

Judo Canada Training Camp Rules/ Règlements de Judo Canada:

1. Be on time for all training & meetings.
2. Respect all coaches, managers, therapists and chaperones from all provinces.
3. No destruction of property, equipment, beds, etc.
4. No breaking curfew.
5. No alcohol.
6. Please come to 30 minutes prior to practice to be taped or treated by the therapist.
7. Report all injuries to coaches and therapists – extra precaution with head injuries.