

2014 Judo Alberta Provincial  
Judo Championships  
February 1, 2014



The Alberta Kodokan Black Belt Association

**JUDO ALBERTA SANCTION 2014-03**

Hosted by



Ft. Saskatchewan, AB

Divisions

U10, U12, U14 Boys/Girls  
U16 Men/Women  
U18 Men/Women  
U21 Men/Women  
Senior Men/Women  
Veterans  
Kata

**Time:** Kata Competition @ 9:00 am  
Shiai @ 10:00 am  
4 competition areas will be used (2 specifically for the U10 & 12 divisions) to expediate the tournament.

**Weigh-ins:** Saturday, February 1, 2014 from **7:00 am - 8:30 am**  
Pacesetter room at the Dow Centennial Centre, 8700-84 Street, Fort Saskatchewan, AB

**Registration:** \$40.00 per contestant, \$10 for additional division (Veterans only)  
\$25.00 per Kata Team, per Kata  
Late Registration Fee is additional \$20.00, postmarked after January 24, 2014  
**(All fees are non-refundable unless event is cancelled)**  
Entry & Release form must be filled out completely and sent for each contestant  
Please send **one** cheque or money order from each club made payable to **Tolide Judo Kwai**

**Shiai:** Judo Canada regulations as of the tournament date to be enforced. The Tournament Director reserves the right to make any changes in the best interest of the tournament and contestants. I.J.F. rules apply with the following exceptions:

- The minimum rest period between matches shall be 5 minutes.
- Blue judogi is mandatory for Senior Men Brown/Black. First name called must wear a white judogi.

**U10 & U12** - 2 minute non-stop matches; mixed gender and combined weight divisions may occur.

Divisions of 2: best 2 out of 3

Divisions of 3, 4 and 5: round robin

**NO WEIGH IN FOR THE U10 & U12** – U10 & U12 divisions are required to have their weights verified, signed off and submitted by their coach on the "Weight Entry for U10 & U12" form that is part of this tournament package. These athletes will be grouped accordingly by their submitted ages and weights.

**U14** - 2 minute matches

**U16** - 3 minute matches

**U18** - 4 minute matches

**U21 & Senior Women**- 4 minute matches

**Senior Men** - 5 minute matches

**Veterans** - 3 minute matches **NOTE: VETERANS ARE REQUIRED TO COMPLETE MEDICAL FORM**

Divisions of 2: best 2 out of 3

Divisions of 3, 4 and 5: round robin

Divisions of 6 or more: modified double knockout

Must be a member in good standing of Judo Alberta, or other affiliated province or state judo organization, and be able to prove membership and age.

**Tournament Director:** Keith Bibbey [bibbey@telusplanet.net](mailto:bibbey@telusplanet.net) 780-998-5092  
The Tournament Director reserves the right to make changes where necessary.

**Head Referee:** Tammy Thornton

**Referees' Meeting:** 9:00 am--Please do not be late. Coaches are invited to sit in on the meeting.

**Mail Registration to:** Tolide Judo Kwai  
c/o Helen Bienert  
53529 Range Road 224  
Ardrossan, AB T8E 2L8  
[homesteaders92@hotmail.com](mailto:homesteaders92@hotmail.com)  
(780) 998-3157

## Official Weight Categories

U10 Born 2005 - 2006		U12 Born 2003 - 2004		U14 Born 2001 - 2002		U16 Born 1999 - 2000		U18 Born 1997 - 1998	
M	F	M	F	M	F	M	F	M	F
<b>NO WEIGH IN FOR U10</b> Sensei to complete "Weight Entry" form attached to this package		<b>NO WEIGH IN FOR U12</b> Sensei to complete "Weight Entry" form attached to this package		-30kg	-28kg	-34kg	-32kg	-46kg	-40kg
				-34kg	-32kg	-38kg	-36kg	-50kg	-44kg
				-38kg	-36kg	-42kg	-40kg	-55kg	-48kg
				-42kg	-40kg	-46kg	-44kg	-60kg	-52kg
				-46kg	-44kg	-50kg	-48kg	-66kg	-57kg
				-50kg	-48kg	-55kg	-52kg	-73kg	-63kg
				-55kg	-52kg	-60kg	-57kg	-81kg	-70kg
				-60kg	-57kg	-66kg	-63kg	-90kg	+70kg
				-66kg	-63kg				
				+66kg	+63kg	+66kg	+63kg	+90kg	

U21 Born 1994 - 1998		SENIOR MEN		SENIOR WOMEN Yellow and up	VETERAN MEN Born 1984 & prior
		Yellow to Blue	Brown & Black		
		Born 1998 & prior		Born 1998 & prior	
M	F				LIGHT HEAVY  DIVISIONS TO BE DETERMINED AFTER WEIGH-INS
-55kg	-44kg	-55kg	-55kg	-44kg	
-60kg	-48kg	-60kg	-60kg	-48kg	
-66kg	-52kg	-66kg	-66kg	-52kg	
-73kg	-57kg	-73kg	-73kg	-57kg	
-81kg	-63kg	-81kg	-81kg	-63kg	
-90kg	-70kg	-90kg	-90kg	-70kg	
-100kg	-78kg	-100kg	-100kg	-78kg	
+100kg	+78kg	+100kg	+100kg	+78kg	

KATA:

NAGE-NO-KATA

KATAME-NO-KATA

JU-NO-KATA

GOSHIN-JITSU

\*\*\*\*\*Females must wear a plain white t-shirt under their judogi\*\*\*\*\*

U10/U12: 2 minutes straight time  
 U14/ U16: 3 minute matches  
 U18/21: 4 minute matches  
 Senior Men/Senior Women: 5 minute matches  
 Veterans: 3 minute matches (no Golden Score)

# 2014 Judo Alberta Provincial Judo Championships February 1, 2014

Please complete all the following information (print neatly):

Name: \_\_\_\_\_ Birthdate: M \_\_\_\_\_ D \_\_\_\_\_ Y \_\_\_\_\_ Sex: M F  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Judo Club: \_\_\_\_\_ Judo Association: \_\_\_\_\_  
 Rank: \_\_\_\_\_ Judo Canada Passport # \_\_\_\_\_ email: \_\_\_\_\_

**DIVISION (Please indicate all categories):**

U10 Girls (2005-2006)	Actual wt. _____ kg	U10 Boys (2005-2006)	Actual wt. _____ kg
U12 Girls (2003-2004)	Actual wt. _____ kg	U12 Boys (2003-2004)	Actual wt. _____ kg
<b>U10 &amp; U12 need to have weight verified and submitted by their coach on Weight Entry form that is part of this tournament package</b>			
U14 Girls (2001-2002)	Wt. Div. _____ kg	U14 Boys (2001-2002)	Wt. Div. _____ kg
U16 Juv. Girls (1999-2000)	Wt. Div. _____ kg	U16 Juv. Boys (1999-2000)	Wt. Div. _____ kg
U18 Cadet Women (1997-1998)	Wt. Div. _____ kg	U18 Cadet Men (1997-1998)	Wt. Div. _____ kg
U21 Women (1994-1998)	Wt. Div. _____ kg	U21 Men (1994-1998)	Wt. Div. _____ kg
Senior Women (1998 & earlier)	Wt. Div. _____ kg	Senior Men (1998 & earlier) <b>yellow-blue</b>	Wt. Div. _____ kg
		Senior Men (1998 & earlier) <b>brown &amp; black</b>	Wt. Div. _____ kg
Kata _____	Tori _____	Uke _____	
Kata _____	Tori _____	Uke _____	

**MINOR**

(Under 18 years old)

**NOTICE: This is a legal document**, which must be properly completed and signed or your entry will not be accepted. PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

**RELEASE, INDEMNITY, WARRANTY, REGISTRATION AND ASSUMPTION OF RISK**

In consideration of the acceptance of the entry of \_\_\_\_\_ (hereinafter referred to as "the said child") to compete in and/or being permitted to participate in the **2014 JUDO ALBERTA PROVINCIAL JUDO CHAMPIONSHIP** (hereinafter referred to as "This event"), I/we for myself/ourselves and for and behalf of the said child hereby release, remise, and forever discharge and agree to indemnify and save harmless the Alberta Kodokan Black Belt Association (also known as Judo Alberta), Tolide Judo Kwai, the City of Fort Saskatchewan, Dow Centennial Centre, their respective organizers, officers, executives, directors, officials, agents, servants, sponsors and representatives (hereinafter referred to as "the releasees") from and against all claims, actions, costs, expenses, and demands in respect of death, injury, loss, or damage to the person or property of said child, or myself/ourselves, however caused, arising out of or in connection with the said child competing, or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises or otherwise, of or by the releases or any of them.

I/We agree to assume all risks, both known and unknown, and all consequences thereof, for me/us and for and on behalf of the said child, arising out of or in connection with said child competing or participating in this event.

I/we agree for myself/ourselves and for and on behalf of the said child to adhere to all rules, regulations and conditions of this event.

I/We agree to allow the said child to participate in one weight division higher than his/her actual weight if there are insufficient competitors in either division and as guided by Judo Alberta's Sanction Policy. He/She may partake in exhibition matches one weight division higher than his/her actual weight.

I/we hereby register the said child as a competitor or participant in this event and I/we certify that:  
 The said child is in good physical condition and has no injury, disease or disability that would impair his or her performance or physical condition or increase the likelihood of injury in competing or participating in this event.

No physician, nurse, therapist trainer, coach, manager, or other person has advised me/us not to allow the said child to compete or participate in a body contact sport or in this event.

I/we am/are familiar with the sport of judo and the nature of a judo contest. I/we am/are aware that there is a risk of injury by the very nature of the sport. We are the father and mother of the said child or the guardian(s) of the said child and the only person(s) lawfully entitled to act for and on behalf of the said child. This document shall be binding upon the said child, me/us, the heirs, executors, administrators, assignees and personal representatives of each of us and the said child.

I/we have read this document and I/we agree that the said child and I/we are bound by its terms. I/we further understand that it is compulsory and mandatory that this document be fully completed and signed as a condition precedent to the said child competing or participating in this event.

**DATE** \_\_\_\_\_

**SIGNATURES**

\_\_\_\_\_  
 (FATHER/GUARDIAN)

\_\_\_\_\_  
 (MOTHER/GUARDIAN)

\_\_\_\_\_  
 (PRINT NAME)

\_\_\_\_\_  
 (PRINT NAME)

**INSTRUCTIONS:** This form is to be completed for all persons under the age of 18 years by the following person(s):

- both natural parents of the child if living together, if separated and no court order for custody has been granted, if divorced and a court grants joint custody and if the natural parent and the adopting parent of the child is married and if an adoption order has been granted.
- both adopting parents of the child if an adoption order has been granted.
- either the natural mother or natural father of the child if divorced or separated and being the parent who has sole custody of the child by court order.
- all guardians of the child whether appointed by court order or who are guardians by law.
- the natural mother of the child if the child is illegitimate and no court order has been granted giving custody to anyone else.

**WEIGHT ENTRY FOR U10 & U12**

**CLUB** \_\_\_\_\_

<b>NAME</b>	<b>SEX</b>	<b>RANK</b>	<b>U10 or U12</b>	<b>ACTUAL WEIGHT</b>

**A club sensei needs to verify and sign off on judoka weights.  
No weigh in for U10 & U12**

**Signature of Club Sensei** \_\_\_\_\_

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Please complete all the following information (print neatly):

Name: \_\_\_\_\_ Birthdate: M \_\_\_\_\_ D \_\_\_\_\_ Y \_\_\_\_\_ Sex: M F  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Judo Club: \_\_\_\_\_ Judo Association: \_\_\_\_\_  
 Rank: \_\_\_\_\_ Judo Canada Passport # \_\_\_\_\_ email: \_\_\_\_\_

**DIVISION (Please indicate all categories):**

U21 Women (1994-1998)	Wt. Div. _____ kg	U21 Men (1994-1998)	Wt. Div. _____ kg
Senior Women (1998 & earlier)	Wt. Div. _____ kg	Senior Men (1998 & earlier) <b>yellow-blue</b>	Wt. Div. _____ kg
Veteran Women (1984 & earlier)	Wt. Div. _____ kg	Senior Men (1998 & earlier) <b>brown &amp; black</b>	Wt. Div. _____ kg
-52, -70 +78		Veteran Men (1984 & earlier)	Wt. Div. _____ kg
		(Veteran Divisions may be combined/cancelled dependent upon entries)	

**VETERAN COMPETITORS ARE REQUIRED TO SUBMIT MEDICAL FORM**

Kata _____	Tori _____	Uke _____
Kata _____	Tori _____	Uke _____
Kata _____	Tori _____	Uke _____

**ADULT  
(18 years and older)**

**NOTICE: This is a legal document**, which must be properly completed and signed or your entry will not be accepted. PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

**RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK**

IN CONSIDERATION OF the acceptance of my entry to compete and/or my being permitted to participate in the **2014 Judo Alberta Judo Championships** (hereinafter referred to as "this event"), I hereby release, remise and forever discharge, and agree to indemnify and save harmless The Alberta Kodokan Black Belt Association, Tolide Judo Kwai, the City of Fort Saskatchewan, Dow Centennial Centre, the organizers of this event, their respective officers, executives, directors, officials, agents, servants, sponsors and representatives (hereinafter referred to as "the Releasees") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to my person or property, however caused, arising out of or in connection with my competing or participating in this event and not withstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of common duty of care as an occupier of premises, or otherwise, of or by the Releasees or any of them.

I agree to participate in one weight division higher than my actual weight if Tournament organizers deem that there are insufficient competitors in my actual weight division and as guided by Judo Alberta's Sanction Policy. I may partake in exhibition matches at my actual weight or one weight division higher.

I agree to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with my competing or participating in this event. I agree to adhere to all rules, regulations and conditions of this event.

**I CERTIFY THAT:**

- I am in good physical condition and I have no injury, disease or disability nor have I injected or ingested anything that would impair my performance or physical condition or increase the likelihood of injury in competing or participating in this event.
- No physician, nurse, therapist, trainer, coach, manager or other person has advised me not to compete or participate in a body contact sport or this event.
- I am familiar with the sport of Judo and the nature of a Judo contest. I am aware that there is a high risk of injury by the very nature of the sport.

**THIS DOCUMENT SHALL BE BINDING UPON ME, MY HEIRS, EXECUTORS, ADMINISTRATORS, ASSIGNS AND PERSONAL REPRESENTATIVES.**

I have read this document and I understand it fully.

SIGNED \_\_\_\_\_ DATE \_\_\_\_\_

PRINT NAME \_\_\_\_\_

# VETERAN MEDICAL FORM

\* Use of high quality mouth guards are recommended during competition and other forms of sparring.

\* L'utilisation d'un protège buccal synthétique de qualité est recommandée lors de la compétition et autres formes d'entraînement.

Revised / Révision

16/01/2009

## MEDICAL SUMMARY FORM FORMULAIRE DE SOMMAIRE MÉDICAL

\* Information to be used for medical screening and emergency.  
\* L'information ne sera utilisée que pour dépistage ou en cas d'urgence médicale.

### Personal Information Information Personnelle

Family name - Nom de famille

Name - Prénom

Address - Adresse

City - Ville

Province

DJ / MM / YYAA

D.O.B. - Date de naissance

Male  Homme

Gender - Sexe

Postal code - Code postal

( ) -

Phone # Téléphone

Female  Femme

Weight category

Catégorie de poids

Age division

Division d'âge

Province of registration - Province d'affiliation

### Emergency Contact Contacte en cas d'urgence

Emergency contact name - Nom de la personne à contacter

Relationship - Lien de parenté

( ) -

Home phone # - Téléphone à la maison

( ) -

Work phone # - Téléphone au travail

### Significant injuries or treatments in the last 6 months Blessures ou traitements importants dans les 6 derniers mois

Details

### Medical Information Information Médicale

Medicare # Assurance maladie

DJ / MM / YYAA

Expiry date d'expiration

Province

Blood type - Type sanguin

N Y - O

Do you wear glasses/contacts?  
Portez-vous des lunettes/verres correcteurs?

Medication - Médication

Details

Allergies

Details

Recent weight loss - Perte de poids récente

Kg

Recent concussion - Commotion récente

Date

DJ / MM / YYAA

### Medical History Problèmes Médicaux

N Y - O

Head injury - Blessure à la tête

Seizure/Convulsion - Convulsion

Heart problems - Troubles cardiaques

High blood pressure - Haute tension

Blood problems/Bruising Problèmes sanguins/Échymose

Asthma - Asthme

Diabetes

Menstrual problems - Problèmes menstruels

Abdominal problems - Problèmes abdominaux

Heat/Dehydration  
Bouffée de chaleur/Déshydratation

Anaphylaxis - Anaphylaxie

Skin disorders/lesions

Problèmes cutanés/lésions

If yes - Si oui ...

Details

Athlete signature - Signature de l'athlète

Witness - Témoin

Parent signature (if under 18) - Signature d'un parent (si moins de 18)

Date

## **Grand Championships**

This event is held only at the Provincial Championships. For men, the Grand Championship is for Ikkyu and Yudansha only. For women, the Grand Championship is for ranks of gokyu and up. Each contestant in the Grand Championship must be 18 years of age or older. If the winner of a particular weight division is under the age of 18 years, there will be no contestant in that weight division.

Some concern has been expressed over the safety factor in having individuals competing against each other whose weights vary widely. The Technical Committee is also aware that for at least 85 years of its 110-year history, judo was without weight divisions. To preserve the traditions and to take into account the safety of the contestants, the Committee has adopted a procedure whereby men in the -60, -66 and -73 weights compete as a group; the -81, -90, -100 and +100 men compete as a group. Then, the two group winners compete for the title of "Grand Champion". The matches are to be straight elimination.

Where a female Grand Championship is to be held, the winners of the -48, -52 and -57 kg categories will fight as a group; the winners of the -63, -70, -78, and +78 kg categories will fight as a group. The two group winners will then fight for the title of "Grand Champion". The matches are to be straight elimination.



# Comfort Inn & Suites Fort Saskatchewan



Inn & Suites

120 Towncrest Road  
Alberta T8L 0G7  
Phone: (780) 998-4000 Fax: (780) 998-1699

Fort Saskatchewan

## **The Official Hotel of the 2014 Provincial Judo Championships**

Dear Judoka,

Our location is very convenient to the Dow center with a road directly linking from our parking lot to theirs.

- We supply a full, delicious, hot breakfast every morning of eggs, bacon, sausage, hash browns, and waffles on top of continental breakfast.
- Our pool, hot tub, and waterslide are the largest in the city and would act not only as a place of relaxation after a day of competition, but also as a way to have a little fun as a team.
- Our group rates for a standard room with two queen beds is \$128.00 plus taxes per night and the rate for our double queen with a pull out couch is \$138.00 plus taxes per night. These rooms are equipped with mini fridges, microwaves, and include the breakfast, access to the pool area, exercise room, and free Wi-Fi.

We hope to hear from you soon and appreciate your patronage.

**Thank you and kind regards,**

**Staff and Management at the Comfort Inn & Suites**