

# EDMONTON

## INTERNATIONAL JUDO CHAMPIONSHIP



**judo  
alberta**  
THE ALBERTA KODOKAN BLACK BELT ASSOCIATION



**MARCH 14th, 15th, & 16th, 2014**

SPONSORED BY: EDMONTON YUDANSHAKAI JUDO SOCIETY  
[WWW.EDMONTONJUDO.COM](http://WWW.EDMONTONJUDO.COM)

Edmonton, Alberta, Canada  
Sanctioned by Judo Canada



# Edmonton International Judo Championship

March 14-16, 2014

Judo Alberta Sanction 2014-01

## TOURNAMENT SITE:

West Edmonton Mall Ice Palace  
8882 - 170 Street NW, Edmonton, Alberta

**TOURNAMENT DIRECTOR:** Mark Hicks – [mhicks@sherwoodford.ca](mailto:mhicks@sherwoodford.ca)

**CHIEF REFEREE:** Allan J. Sattin – [asattin@spierharben.com](mailto:asattin@spierharben.com)

**NATIONAL A/B REFEREE EXAMINATION:** Contact your Provincial Association's Referee Committee to register for this exam.

**REGISTRATION: NO REFUNDS OF ANY KIND UNLESS EVENT CANCELLED**

**NO SUBSTITUTIONS ALLOWED**

**THIS IS A PREREGISTRATION TOURNAMENT (no registrations will be accepted at registration/weigh ins).**

- U10, U12 - \$45
- U14, U16, U18, U21 - \$50
- Seniors & Veterans - \$55
- \$15/additional division
- \$25 per kata per team. Cannot be combined with shiai.
- \$10/competitor U16 and older who fail to qualify for his/her registered weight.
- NO EXHIBITION MATCHES.
- Please make **cheques** payable to **EDMONTON YUDANSHAKAI JUDO SOCIETY**.
- ALL COMPLETED DOCUMENTATION & PAYMENT MUST BE **RECEIVED BY MARCH 1, 2014**.
- \$20/entry for late registrations.
- NSF charges \$50

Send entries to: **Helen Bienert**

**53529 Range Road 224**

**Ardrossan, AB T8E 2L8**

**Phone: (780) 998-3157 email: [edmonton\\_international@yahoo.ca](mailto:edmonton_international@yahoo.ca)**



**To assist in athlete development, 1<sup>st</sup> place in each Senior Men's Brown & Black and Senior Women's Divisions, with 8 or more competitors will receive a \$500 scholarship.**

## ELIGIBILITY:

Open to all members of Judo Provincial Associations, Judo Canada and IJF Associations of other countries. All competitors must be prepared to show documentation of valid judo membership. Minimum rank is **YELLOW**.

**NO WEIGH IN FOR THE U10 & U12. U10 & U12 are required to have their weights verified, signed off and submitted by their coach on the Weight Entry for U10 & U12 form that is part of this tournament package. These athletes will be grouped by their submitted ages and weights.**

**U10 Girls** (born 2005-2006) yellow belt & up  
**U12 Girls** (born 2003-2004) yellow belt & up  
**U14 Girls** (born 2001-2002) yellow belt & up  
-28, -32, -36, -40, -44, -48, -52, -57, +57  
**U16 Juvenile Girls** (born 1999-2000) yellow belt & up  
-32, -36, -40, -44, -48, -52, -57, -63, +63  
**U18 Cadet Women** (born 1997-1998) yellow belt & up  
-40, -44, -48, -52, -57, -63, -70, +70  
**U21 Women** (born 1994-1998) yellow belt & up  
-44, -48, -52, -57, -63, -70, -78, +78  
**Senior Women** (born 1998 & earlier) yellow belt & up  
-44, -48, -52, -57, -63, -70, -78, +78  
**Veteran Women** (born 1984 & earlier) yellow belt & up  
-57, -70, +70

**U10 Boys** (born 2005-2006) yellow belt & up  
**U12 Boys** (born 2003-2004) yellow belt & up  
**U14 Boys** (born 2001-2002) yellow belt & up  
-30, -34, -38, -42, -46, -50, -55, -60, +60  
**U16 Juvenile Boys** (born 1999-2000) yellow belt & up  
-34, -38, -42, -46, -50, -55, -60, -66, +66  
**U18 Cadet Men** (born 1997-1998) yellow belt & up  
-46, -50, -55, -60, -66, -73, -81, -90, +90  
**U21 Men** (born 1994-1998) yellow belt & up  
-55, -60, -66, -73, -81, -90, -100, +100  
**Senior Men** (born 1998 & earlier) **yellow-blue belt**  
-55, -60, -66, -73, -81, -90, -100, +100  
**Senior Men** (born 1998 & earlier) **brown & black belt only**  
-55, -60, -66, -73, -81, -90, -100, +100  
**Veteran Men** (born 1984 & earlier) yellow belt & up  
born 1980-84 (30-34), 1975-79 (35-39), 1970-74 (40-44),  
1965-69 (45-49), 1964 or earlier (50 and over)  
-73, -90, +90

<b>Kata</b>	Nage-no kata	Ju-no-kata	Kime-no-kata
	Katame-no-kata	Goshin-jitsu	

## **TOURNAMENT GUIDELINES & RULES:**

**KATA:** To be headed by Judo Alberta Kata Grading Board

**SHIAI:** Judo Canada regulations as of the tournament date to be enforced. The Tournament Director reserves the right to make any changes in the best interest of the tournament and contestants. I.J.F. rules apply with the following exceptions:

- The minimum rest period between matches shall be 5 minutes.
- Blue judogi is mandatory for Senior Men Brown/Black. First name called must wear a white judogi.
- Per Judo Canada Policy--a competitor may only participate once in a Kata either as Tori or Uke.

Divisions of 2: best 2 out of 3

Divisions of 3, 4 and 5: round robin

**U10 & U12** - 2 minute non-stop matches; mixed gender may occur.

Divisions of 2: best 2 out of 3

Divisions of 3, 4 and 5: round robin

Divisions of 6 or more: modified double knockout

**U14** - 2 minute matches

**U16** - 3 minute matches

**U18** - 4 minute matches

**U21** - 4 minute matches

**Seniors mens** - 5 minute matches

**Senior womens** - 4 minute matches

**Veterans** - 3 minute matches **NOTE: VETERANS ARE REQUIRED TO COMPLETE MEDICAL FORM**

Seeding for Senior Divisions—as posted on Judo Canada's website on Friday, February 28, 2014

Although the focus of the Canadian Centre for Ethics in Sport (CCES) is on the athlete competing at the International and National levels, all judo events in Canada are subject to the Canada's Anti-doping Policy and are therefore subject to unannounced doping control. To learn more about this policy, athletes should be advised to take the following steps:

- Check the Global DRO ([www.globaldro.com](http://www.globaldro.com)) to determine if any prescription or over-the-counter medications or treatments are banned by the WADA Prohibited List.
- Review medical exemptions requirements ([www.cces.ca/medical](http://www.cces.ca/medical)) if you require the use of a banned medication for a legitimate medical reason.
- Do not use supplements, or take precautions prior to doing so. Supplement products cannot be verified by the CCES or in the Global DRO. A lack of industry and government regulation makes it impossible to confirm their ingredients. Read more: [www.cces.ca/supplements](http://www.cces.ca/supplements)
- Review the steps of the doping control sample collection procedures:

<http://www.cces.ca/en/samplecollection>

For additional resources and general information about anti-doping, please contact the CCES:

- Email: [info@cces.ca](mailto:info@cces.ca)
- Call toll-free: 1-800-672-7775
- Online: [www.cces.ca/athletezone](http://www.cces.ca/athletezone)

**Please support our tournament sponsors**



**2540 Broadmoor Blvd. & Petroleum Way  
Sherwood Park, AB  
[www.sherwoodford.ca](http://www.sherwoodford.ca)**



**TEAM ENTRY LIST**  
**EDMONTON INTERNATIONAL JUDO CHAMPIONSHIP**  
**March 14-16, 2014**

**Entry into the competition area ONLY with valid coach accreditation.**

CLUB: \_\_\_\_\_ CONTACT \_\_\_\_\_ PHONE \_\_\_\_\_

[illegible]

**COACHES (MAX. 4 PER TEAM ALLOWED) ACCREDITATION IS REQUIRED PAST SECURITY POINTS**


# EDMONTON INTERNATIONAL JUDO CHAMPIONSHIP

March 14-16, 2014

Please complete all the following information (print neatly):

Name: \_\_\_\_\_ Birthdate: M \_\_\_\_\_ D \_\_\_\_\_ Y \_\_\_\_\_ Sex: M F  
 Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Judo Club: \_\_\_\_\_ Judo Association: \_\_\_\_\_  
 Rank: \_\_\_\_\_ Judo Canada Passport # \_\_\_\_\_ email: \_\_\_\_\_

## DIVISION (Please indicate all categories):

U10 Girls (2005-2006)

U10 Boys (2005-2006)

U12 Girls (2003-2004)

U12 Boys (2003-2004)

**U10 & U12 need to have weight verified and submitted by their coach on Weight Entry form that is part of this tournament package**

U14 Girls (2001-2002)	Wt. Div. _____ kg	U14 Boys (2001-2002)	Wt. Div. _____ kg
U16 Juv. Girls (1999-2000)	Wt. Div. _____ kg	U16 Juv. Boys (1999-2000)	Wt. Div. _____ kg
U18 Cadet Women (1997-1998)	Wt. Div. _____ kg	U18 Cadet Men (1997-1998)	Wt. Div. _____ kg
U21 Women (1994-1998)	Wt. Div. _____ kg	U21 Men (1994-1998)	Wt. Div. _____ kg
Senior Women (1998 & earlier)	Wt. Div. _____ kg	Senior Men (1998 & earlier) <b>yellow-blue</b>	Wt. Div. _____ kg
		Senior Men (1998 & earlier) <b>brown &amp; black</b>	Wt. Div. _____ kg
Kata _____	Tori _____	Uke _____	
Kata _____	Tori _____	Uke _____	

## MINOR

(Under 18 years old)

**NOTICE: This is a legal document**, which must be properly completed and signed or your entry will not be accepted. PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

### RELEASE, INDEMNITY, WARRANTY, REGISTRATION AND ASSUMPTION OF RISK

In consideration of the acceptance of the entry of \_\_\_\_\_ (hereinafter referred to as "the said child") to compete in and/or being permitted to participate in the **2014 EDMONTON INTERNATIONAL JUDO CHAMPIONSHIP** (hereinafter referred to as "This event"), I/we for myself/ourselves and for and behalf of the said child hereby release, remise, and forever discharge and agree to indemnify and save harmless the Alberta Kodokan Black Belt Association (also known as Judo Alberta), Edmonton Yudanshakai Judo Society, West Edmonton Mall Property Inc., Sherwood Ford, their respective organizers, officers, executives, directors, officials, agents, servants, sponsors and representatives (hereinafter referred to as "the releasees") from and against all claims, actions, costs, expenses, and demands in respect of death, injury, loss, or damage to the person or property of said child, or myself/ourselves, however caused, arising out of or in connection with the said child competing, or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises or otherwise, of or by the releases or any of them.

I/We agree to assume all risks, both known and unknown, and all consequences thereof, for me/us and for and on behalf of the said child, arising out of or in connection with said child competing or participating in this event.

I/we agree for myself/ourselves and for and on behalf of the said child to adhere to all rules, regulations and conditions of this event.

I/We agree to allow the said child to participate in one weight division higher than his/her actual weight if there are insufficient competitors in either division and as guided by Judo Alberta's Sanction Policy. He/She may partake in exhibition matches one weight division higher than his/her actual weight.

I/we hereby register the said child as a competitor or participant in this event and I/we certify that:

The said child is in good physical condition and has no injury, disease or disability that would impair his or her performance or physical condition or increase the likelihood of injury in competing or participating in this event.

No physician, nurse, therapist trainer, coach, manager, or other person has advised me/us not to allow the said child to compete or participate in a body contact sport or in this event.

I/we am/are familiar with the sport of judo and the nature of a judo contest. I/we am/are aware that there is a risk of injury by the very nature of the sport. We are the father and mother of the said child or the guardian(s) of the said child and the only person(s) lawfully entitled to act for and on behalf of the said child. This document shall be binding upon the said child, me/us, the heirs, executors, administrators, assignees and personal representatives of each of us and the said child.

I/we have read this document and I/we agree that the said child and I/we are bound by its terms. I/we further understand that it is compulsory and mandatory that this document be fully completed and signed as a condition precedent to the said child competing or participating in this event.

DATE \_\_\_\_\_

### SIGNATURES

(FATHER/GUARDIAN)

(MOTHER/GUARDIAN)

(PRINT NAME)

(PRINT NAME)

**INSTRUCTIONS:** This form is to be completed for all persons under the age of 18 years by the following person(s):

- both natural parents of the child if living together, if separated and no court order for custody has been granted, if divorced and a court grants joint custody and if the natural parent and the adopting parent of the child is married and if an adoption order has been granted.
- both adopting parents of the child if an adoption order has been granted.
- either the natural mother or natural father of the child if divorced or separated and being the parent who has sole custody of the child by court order.
- all guardians of the child whether appointed by court order or who are guardians by law.
- the natural mother of the child if the child is illegitimate and no court order has been granted giving custody to anyone else.



### **WEIGHT ENTRY FOR U10 & U12**

## No weigh in for U10 & U12

**Club sensei is responsible for verification and signing off on judoka weights.**

**Any discrepancy could result in athlete not participating**

**Signature of Club Sensei** \_\_\_\_\_

**Club** \_\_\_\_\_

[illegible]

# EDMONTON INTERNATIONAL JUDO CHAMPIONSHIP

March 14-16, 2014

Please complete all the following information (print neatly):

Name: \_\_\_\_\_ Birthdate: M \_\_\_\_\_ D \_\_\_\_\_ Y \_\_\_\_\_ Sex: M F  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
Judo Club: \_\_\_\_\_ Judo Association: \_\_\_\_\_  
Rank: \_\_\_\_\_ Judo Canada Passport # \_\_\_\_\_ email: \_\_\_\_\_

## DIVISION (Please indicate all categories):

U21 Women (1994-1998)	Wt. Div. _____ kg	U21 Men (1994-1998)	Wt. Div. _____ kg
Senior Women (1998 & earlier)	Wt. Div. _____ kg	Senior Men (1998 & earlier) <b>yellow-blue</b>	Wt. Div. _____ kg
Veteran Women (1984 & earlier)	Wt. Div. _____ kg	Senior Men (1998 & earlier) <b>brown &amp; black</b>	Wt. Div. _____ kg
-52, -70 +78			

Veteran Men (1984 & earlier) Wt. Div. \_\_\_\_\_ kg

Circle applicable age category:

1980-84 (30-34) 1975-79 (35-39) 1970-74 (40-44)

1965-69 (45-49) 1964 & earlier (50 & over)

-73, -90, +90

(Veteran Divisions may be combined/cancelled dependent upon entries)

## VETERAN COMPETITORS ARE REQUIRED TO SUBMIT MEDICAL FORM

A competitor may only participate once in a Kata either as Tori or Uke.

Kata _____	Tori _____	Uke _____
Kata _____	Tori _____	Uke _____
Kata _____	Tori _____	Uke _____

## **ADULT**

(18 years and older)

**NOTICE: This is a legal document**, which must be properly completed and signed or your entry will not be accepted. PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

## RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK

IN CONSIDERATION OF the acceptance of my entry to compete and/or my being permitted to participate in the **2014 Edmonton International Judo Championship** (hereinafter referred to as "this event"), I hereby release, remise and forever discharge, and agree to indemnify and save harmless The Alberta Kodokan Black Belt Association, Edmonton Yudanshakai Judo Society, West Edmonton Mall Property Inc., Sherwood Ford, the organizers of this event, their respective officers, executives, directors, officials, agents, servants, sponsors and representatives (hereinafter referred to as "the Releasees") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to my person or property, however caused, arising out of or in connection with my competing or participating in this event and not withstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of common duty of care as an occupier of premises, or otherwise, of or by the Releasees or any of them.

I agree to participate in one weight division higher than my actual weight if Tournament organizers deem that there are insufficient competitors in my actual weight division and as guided by Judo Alberta's Sanction Policy. I may partake in exhibition matches at my actual weight or one weight division higher.

I agree to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with my competing or participating in this event. I agree to adhere to all rules, regulations and conditions of this event.

## I CERTIFY THAT:

- I am in good physical condition and I have no injury, disease or disability nor have I injected or ingested anything that would impair my performance or physical condition or increase the likelihood of injury in competing or participating in this event.
- No physician, nurse, therapist, trainer, coach, manager or other person has advised me not to compete or participate in a body contact sport or this event.
- I am familiar with the sport of Judo and the nature of a Judo contest. I am aware that there is a high risk of injury by the very nature of the sport.

## **THIS DOCUMENT SHALL BE BINDING UPON ME, MY HEIRS, EXECUTORS, ADMINISTRATORS, ASSIGNS AND PERSONAL REPRESENTATIVES.**

I have read this document and I understand it fully.

SIGNED \_\_\_\_\_

DATE \_\_\_\_\_

PRINT NAME \_\_\_\_\_

# VETERAN MEDICAL FORM

\* Use of high quality mouth guards are recommended during competition and other forms of sparring.

\* L'utilisation d'un protège buccal synthétique de qualité est recommandée lors de la compétition et autres formes d'entraînement.

Revised / Révision  
16/01/2009

## MEDICAL SUMMARY FORM FORMULAIRE DE SOMMAIRE MÉDICAL

\* Information to be used for medical screening and emergency.  
\* L'information ne sera utilisée que pour dépistage ou en cas d'urgence médicale.

### Personal Information Information Personnelle

Family name - Nom de famille	
Name - Prénom	
Address - Adresse	
City - Ville	
Province DJ / MM / YYAA	Postal code - Code postal ( ) -
D.O.B. - Date de naissance Male <input type="checkbox"/> Homme	Phone # Téléphone Female <input type="checkbox"/> Femme
Gender - Sexe	
Age division Division d'âge	Weight category Catégorie de poids
Province of registration - Province d'affiliation	

### Emergency Contact Contacte en cas d'urgence

Emergency contact name - Nom de la personne à contacter	
Relationship - Lien de parenté ( ) -	
Home phone # - Téléphone à la maison ( ) -	
Work phone # - Téléphone au travail	

### Significant injuries or treatments in the last 6 months Blessures ou traitements importants dans les 6 derniers mois

Details	

## Medical Information Information Médicale

Medicare # Assurance maladie	Province
DJ / MM / YYAA	
Expiry date d'expiration	
Blood type - Type sanguin	N Y - O
Do you wear glasses/contacts? Portez-vous des lunettes/verres correcteurs?	<input type="checkbox"/> <input type="checkbox"/>
Medication - Médication	<input type="checkbox"/> <input type="checkbox"/>
Details	
Allergies	<input type="checkbox"/> <input type="checkbox"/>
Details	
Recent weight loss - Perte de poids récente	<input type="checkbox"/> <input type="checkbox"/>
Kg	
Recent concussion - Commotion récente	<input type="checkbox"/> <input type="checkbox"/>
Date	DJ / MM / YYAA

## Medical History Problèmes Médicaux

	N	Y - O
Head injury - Blessure à la tête	<input type="checkbox"/>	<input type="checkbox"/>
Seizure/Convulsion - Convulsion	<input type="checkbox"/>	<input type="checkbox"/>
Heart problems - Troubles cardiaques	<input type="checkbox"/>	<input type="checkbox"/>
High blood pressure - Haute tension	<input type="checkbox"/>	<input type="checkbox"/>
Blood problems/Bruising Problèmes sanguins/Echymose	<input type="checkbox"/>	<input type="checkbox"/>
Asthma - Asthme	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Menstrual problems - Problèmes menstruels	<input type="checkbox"/>	<input type="checkbox"/>
Abdominal problems - Problèmes abdominaux	<input type="checkbox"/>	<input type="checkbox"/>
Heat/Dehydration	<input type="checkbox"/>	<input type="checkbox"/>
Bouffée de chaleur/Déshydratation	<input type="checkbox"/>	<input type="checkbox"/>
Anaphylaxis - Anaphylaxie	<input type="checkbox"/>	<input type="checkbox"/>
Skin disorders/lesions	<input type="checkbox"/>	<input type="checkbox"/>
Problèmes cutanés/lésions	<input type="checkbox"/>	<input type="checkbox"/>

If yes - Si oui ...

Details	

Athlete signature - Signature de l'athlète

Witness - Témoin

Parent signature (if under 18) - Signature d'un parent (si moins de 18)

Date



# TOURNAMENT SCHEDULE

**NOTE: All Coaches/Athletes are responsible for reporting  
Any errors/omissions on posted unofficial draw sheets.**

Changes will only be made up to a ½ hour before tournament start time.

**NOTE: Division and weigh in changes from previous years**

TIME	FRIDAY, MARCH 14	SATURDAY, MARCH 15	SUNDAY, MARCH 16
7 AM		7:30 REF MEETING	7:15-9 AM KATA CLINIC
8 AM		NO CHANGES TO DRAW SHEETS AFTER 8 AM NO EXHIBITION MATCHES	NO CHANGES TO DRAW SHEETS AFTER 8:30 AM NO EXHIBITION MATCHES
8:30 AM		8:30 COMPETITION STARTS Competition Order – U14, U18, U21 & Veterans	
9 AM	9 AM-4 PM KATA JUDGE SEMINAR - EVALUATION & EXAMINATION		9:15 AM-COMPETITION STARTS Competition Order: U10, U12, U16 & Seniors
10 AM	ALL WEIGH INS ARE AT THE ICE PALACE IN WEST EDMONTON MALL	NO WEIGH IN FOR U10 & U12 See attached weight sheet	
2 PM		2-4 PM – U16 & SENIOR WEIGH IN	
4 PM	4-5:30 PM-U14 & U18 WEIGH IN		
5 PM	5 PM-KATA COMPETITION 5:30-7 PM-U21 & VETERAN WEIGH IN		
7 PM	SCALES CLOSE REFEREE SYMPOSIUM		
8 PM	8-9 PM "PATH TO THE PODIUM" INFORMATION SESSION		

## AWARDS:

**U10-U12** custom medals for all competitors

**U14** – custom medals for 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup>

Per Judo Canada policy for U16 and older:

**1 competitor** – no medal

**2 competitors** – 2 medals – providing that both won a bout

**3 competitors** – 3 medals – providing that three won at least one bout

**4 competitors** – 3 medals

**5 competitors** – 3 medals

**6 and more competitors** – 4 medals

Stephanie Kerr Memorial Award—U18 or U21 Alberta Female demonstrating love of the sport of Judo.





## *Kata Competition & Clinic*

This is one of the most popular Kata competitions in Western Canada and we want you to participate! The Edmonton International Judo Championship will be hosting a Kata competition on Friday, March 14 in the Ice Palace at West Edmonton Mall starting at 5 PM.

Nage-no Kata, Ju-no-Kata, Katame-no-Kata, Kodokan Goshinjutsu and, added this year, Kime-no-Kata, are all being offered. If you or someone you know is just starting to practice a Kata, come out and compete – the atmosphere and experience can't be beat!

Encourage others to attend this great competition and learning experience. While entry fees are only \$25 per Kata per team, the friendship and camaraderie that is developed among the Kata participants is priceless. Those who want to judge are always welcome!

Another event not to be missed is the Kata Clinic offered by Canadian Kata medalists Gord Okamura and Kelly Palmer. This clinic is being held at no cost on Sunday from 7:15-9 AM. Attend this event to fine-tune your skills and learn new techniques.

Any questions, ideas or thoughts, please contact Gord Okamura at [gokamura@telus.net](mailto:gokamura@telus.net) or Kelly Palmer at [kellypal@telusplanet.net](mailto:kellypal@telusplanet.net)

# JUDO CANADA



## KATA JUDGE SEMINAR EVALUATION AND EXAMINATION

- DATE :** Friday, March 14, 2014
- PLACE :** EXECUTIVE ROYAL INN  
10010-178 Street  
Edmonton, AB T5S 1T3  
Emerald Room A
- KATAS EVALUATED:** Nage no kata  
Kime no kata
- FORMAT:** **Part 1**
- Start Time – 9 AM
  - Opening statement
  - Evaluation procedures
  - Written exam
  - Evaluation of video kata
- Part 2**
- Evaluation at tournament
  - Will have the same sheets as the tournament judges
  - Will be evaluated on scores given.
- EVALUATORS:** Fred Blaney          National A  
Gerald Poirier          National A
- EVALUATION LEVEL:** National A, B & C
- COST:** \$ 50.00/Kata being evaluated  
Must complete application and send to Judo Canada with payment.
- MINIMUM RANK:** Nidan
- CLOSING DATE:** March 7, 2014
- SEND TO:** **JUDO CANADA**  
Kata Judge Evaluation  
212 – 1725 St-Laurent Boulevard  
Ottawa, ON K1G 3V4

# JUDO CANADA



## APPLICATION FOR EVALUATION – KATA JUDGE

**NAME:**

Family

Given

**ADDRESS:**

**TELEPHONE:**

**EMAIL:**

**JUDO RANK:**

**DOJO NAME:**

**DOJO HEAD  
SENSEI:**

**JUDO CANADA  
PASSPORT NO.:**

**KATA BEING  
EVALUATED:**

Nage no kata \_\_\_\_\_

Kime no kata \_\_\_\_\_

DATE

SIGNATURE



# Referee Symposium



**March 14, 2014 at 7 PM**

**EXECUTIVE ROYAL INN**

10010-178 Street  
Edmonton, AB T5S 1T3  
Emerald Room A

For more information & to register,  
Contact Tammy Thornton at [mrst@telusplanet.net](mailto:mrst@telusplanet.net)





# Ewan Beaton presents “Path to the Olympic Podium”

An information session open to parents, athletes and coaches

FUN	L2T	T2T	T2C	T2W	
				U21 48 WEEKS/YEAR	SENIOR 48 WEEKS/YEAR
				National Centre and Carding	
				U18 48 WEEKS/YEAR	
				Regional / National Center	
				Provincial / Regional Center	
		U14 48 WEEKS/YEAR	Technical Development	Competition Specific Technical Development	Competition Specific Technical Refinement
	U12 36-48 WEEKS/YEAR	Technical Development	Competition 8-10 x year / 40 bouts	Competition 10-12 x year / 40 bouts	Competition 10-16 x year / 50 bouts
	U10 30-40 WEEKS/YEAR	Technical Development	Competition 6-8 x year / 30 bouts	Coordination Speed Endurance	Speed Endurance, Strength, Power
UB 36-48 WEEKS/YEAR	Fundamentals	Intro to Competition 5 x year	Coordination and Speed	Intro to Tactical Training	Tactical Training
Fundamentals	Coordination and Speed	Coordination and Speed	Intro to Mental Training	Mental Training	Mental Training
Daily Physical Activity	Daily Physical Activity	Daily Physical Activity	Intro to Cross Training	Cross Training 3 x week	Cross Training 2/3 x week Conditioning, 2/3 x week Strength
Judo or Any Other Sport	Judo 2 x week	Judo 2-3 x week	Judo 3 x week	Judo 4-5 x week	Judo 5-10 x week
Healthy Life Style	Healthy Life Style	Healthy Life Style	Healthy Life Style	Healthy Life Style	Healthy Life Style
FUNDamentals	L2T Learn to Train	T2T Train to Train	T2C Train to Compete	T2W Train to Win	

[www.judocanada.org](http://www.judocanada.org)

Includes:

- Explanation of the poster and pathway
- Explanation of the U18 Cadet World Champions and how they fit in the pathway
- The new National Training Centre (NTC)

**Friday, March 14, 2014**  
**8-9 pm**  
**Executive Hotel**



# HOST HOTELS

## WEST EDMONTON MALL INN



17504-90 Avenue NW  
Edmonton, AB T5T 6L6  
1-780-444-3000  
Toll Free: 1-800-737-3783 and quote West Edmonton Mall Inn

**Rate: \$129/night + taxes (quad occupancy)**  
**Group Code - Edmonton International Judo Championship**  
**Deadline: February 14, 2014**

## EXECUTIVE ROYAL INN



10010-178 Street  
Edmonton, AB T5S 1T3  
1-780-484-6000  
Toll Free: 1-800-661-4879

**Rate: \$124 + taxes (quad occupancy)**  
**Reference Group - Edmonton International Judo Championship**  
**Deadline: February 14, 2014**

## QUALITY INN WEST HARVEST



17803 Stony Plain Road  
Edmonton, AB T5S 1B4  
1-780-484-8000  
Toll Free: 1-800-661-6993

**Rate: \$124/night + taxes (quad occupancy)**  
**Group Code - #1437984 Edmonton International Judo**  
**Deadline: February 27, 2014**

NOTE: Rates at host hotels are available 2 days before and 2 days after this event. If deadline is past, and rooms are still available, rates will be honoured by quoting Group reference. Any difficulties with reservations, contact Helen Bienert at [edmonton\\_international@yahoo.ca](mailto:edmonton_international@yahoo.ca)

**PLEASE DO NOT OVER RESERVE EXCESS ROOMS AND CANCEL AT THE LAST MINUTE. THAT TAKES AWAY BLOCKED ROOMS FOR OTHER GUESTS IN NEED OF ROOMS.**

# TOURNAMENT SPECIAL

## It's Your Choice! Only \$25 (incl. GST) (Reg. \$36.95)

Great as a year-round gift

**DEADLINE: March 30, 2013**

Submit one form and cheque/club

**NO REFUNDS**

A Choice Pass allows the bearer to enjoy ONE of the following (passes expire in 1 year)



Day pass to **World Waterpark**



Day pass to **Galaxyland Amusement Park**

OR any TWO of the following on the same day:



**Ice Palace**  
(Skate rental is not included)



**Marine Life incl. Sea Life  
Caverns/Sea Lion Rock**



One Round (18 holes) of  
**Prof. Wem's Adventure Golf**



One Round (18 holes) of  
**Putt 'N' Glow**



Two games of bowling or  
one hour of billiards  
(shoe rental not included) at  
**Ed's Rec Room**



One admission to  
**Rope Quest**

**DEADLINE—March 1, 2014**

# CHOICE PASSES \_\_\_\_\_ @ \$25 (incl. GST) = \$ \_\_\_\_\_

Coach's Name \_\_\_\_\_ Club/Team \_\_\_\_\_

