

*2016 Judo Alberta Provincial  
Judo Championships*  
**January 30, 2016**



**judo  
alberta**  
THE ALBERTA KODOKAN BLACK BELT ASSOCIATION

**SANCTION #2016-04**

Hosted by



**TOLIDE  
JUDO KWAI**

- FORT SASKATCHEWAN, AB -

# 2016 Judo Alberta Provincial Judo Championships

## January 30, 2016

**8:30 am – Kata**

**9:30 am – Opening ceremonies: competitors & referees, please be on the mats at this time . Shiai to begin immediately after starting with U10, U12 & U 14 followed by U16, U18 , U21 and Seniors. The grand championships will immediately follow the senior divisions.**

**Awards will be presented at the completion of U10s & U12s, and then at the completion of each age division.**

### **Weigh In:**

Friday, January 29, 7:00 pm-9:00 pm @ Dow Centennial Centre (upstairs in the Pacesetter Room)

### **Additional Remote Weigh-ins: Friday, January 29, 7:00 pm-8:30 pm**

@ Red Deer Judo Club, Bay 110, 25 Belich Cres., Red Deer, AB      Contact Al Schaefer 403-352-1907

@ Hiro's Judo Club, #115 1919-27 Avenue NE, Calgary, AB      Contact Garry Yamashita 403-870-7197

- U10, U12 - \$40
- U14, U16, U18, U21 - \$55
- Seniors & Veterans - \$60 **NOTE: VETERANS ARE REQUIRED TO COMPLETE MEDICAL FORM**
- \$20/additional division
- \$30 per kata per team. \$20 for each additional kata. Cannot be combined with shiai.
- \$10/competitor U16 and older who fail to qualify for his/her registered weight.
- \$20/entry for late registrations, **received after January 23, 2016**

1. Registration fees are non-refundable
2. No charge for Grand Championship
3. Entry & Release form must be filed out completely and sent for each contestant
4. Please send one cheque or money order from each club payable to **TOLIDE JUDO KWAI**
5. All completed documentation & payment must be **RECEIVED by January 23, 2016**

**Shiai:** Judo Canada and IJF regulations as of the tournament date to be enforced. The Tournament Director reserves the right to make any changes in the best interest of the tournament and contestants.

- Females must wear a plain white t-shirt under their judogi

**U10 & U12:** 1.5 minute non-stop matches; mixed gender and combined weight divisions may occur.

**NO WEIGH IN FOR U10 & U12** – These divisions are required to have their weights verified, signed off and submitted by the coach on the “Weight Entry for U10 & U12” form that is part of this tournament package. These athletes will be grouped accordingly by their submitted ages and weights.

**U14** – 2 minute match

**U16** – 3 minute match

**U18, U21 & Senior Women** – 4 minute match

**Senior Men** – 5 minute

**Veterans** – 3 minute (NOTE: Veterans are required to complete Medical form)

Divisions of 2; best 2 out of 3

Divisions of 3, 4 or 5; round robin

Divisions of 6 or more; modified double knockout

**All competitors must be a member in good standing with Judo Alberta, or other affiliated province or state judo organization. PROOF OF JUDO CANADA MEMBERSHIP MUST BE PROVIDED at Weigh In.**

**Tournament Director:** Keith Bibbey phone: 780-975-4722 email: bibbey@telusplanet.net

**Head Referee:** Tammy Thornton

Referees' Meeting: Saturday, January 30 @ 8:00 AM in the Pacesetter Room. Coaches are invited. Please do not be late!

**Mail Waivers & Payment to:** Helen Bienert  
53529 Range Road 224  
Ardrossan, AB T8E 2L8

**EMAIL REGISTRATION SPREADSHEET TO: [homesteaders92@hotmail.com](mailto:homesteaders92@hotmail.com)**

**U10 Girls** (born 2007-2008) yellow belt & up  
**U12 Girls** (born 2005-2006) yellow belt & up  
**U14 Girls** (born 2003-2004) yellow belt & up  
-32, -36, -40, -44, -48, -52, -57, -63, +63  
**U16 Juvenile Girls** (born 2001-2002) yellow belt & up  
-36, -40, -44, -48, -52, -57, -63, -70, +70  
**U18 Cadet Women** (born 1999-2000) yellow belt & up  
-40, -44, -48, -52, -57, -63, -70, +70  
**U21 Women** (born 1996-1998) yellow belt & up  
-44, -48, -52, -57, -63, -70, -78, +78  
**Senior Women** (born 2000 & earlier) yellow belt & up  
-44, -48, -52, -57, -63, -70, -78, +78  
**Veteran Women** (born 1986 & earlier) yellow belt & up  
(categories will be determined after weigh in.)

**U10 Boys** (born 2007-2007) yellow belt & up  
**U12 Boys** (born 2005-2006) yellow belt & up  
**U14 Boys** (born 2003-2004) yellow belt & up  
-34, -38, -42, -46, -50, -55, -60, -66, +66  
**U16 Juvenile Boys** (born 2001-2002) yellow belt & up  
-38, -42, -46, -50, -55, -60, -66, -73, +73  
**U18 Cadet Men** (born 1999-2000) yellow belt & up  
-46, -50, -55, -60, -66, -73, -81, -90, +90  
**U21 Men** (born 1996-1998) yellow belt & up  
-55, -60, -66, -73, -81, -90, -100, +100  
**Senior Men** (born 2000 & earlier) **yellow-blue belt**  
-55, -60, -66, -73, -81, -90, -100, +100  
**Senior Men** (born 2000 & earlier) **brown & black belt only**  
-55, -60, -66, -73, -81, -90, -100, +100  
**Veteran Men** (born 1986 & earlier) yellow belt & up  
Light, Medium & Heavy (categories will be determined after weigh in.)

<b>Kata</b>	Nage-no kata	Ju-no-kata	Kime-no-kata
	Katame-no-kata	Goshin-jitsu	

## Grand Championships

This event is held only at the Provincial Championships. For men, the Grand Championship is for Ikkyu and Yudansha only. For women, the Grand Championship is for ranks of gokyu and up. Each contestant in the Grand Championship must be 18 years of age or older. If the winner of a particular weight division is under the age of 18 years, there will be no contestant in that weight division.

Some concern has been expressed over the safety factor in having individuals competing against each other whose weights vary widely. The Technical Committee is also aware that for at least 85 years of its 130-year history, judo was without weight divisions. To preserve the traditions and to take into account the safety of the contestants, the Committee has adopted a procedure whereby men in the -60, -66 and -73 weights compete as a group; the -81, -90, -100 and +100 men compete as a group. Then, the two group winners compete for the title of "Grand Champion". The matches are to be straight elimination.

Where a female Grand Championship is to be held, the winners of the -48, -52 and -57 kg categories will fight as a group; the winners of the -63, -70, -78, and +78 kg categories will fight as a group. The two group winners will then fight for the title of "Grand Champion". The matches are to be straight elimination.

# 2016 JUDO ALBERTA PROVINCIAL JUDO CHAMPIONSHIPS

## January 30, 2016

**Please complete all the following information (print neatly):**

Name: \_\_\_\_\_ Birth Year \_\_\_\_\_ Sex: M F  
 Address: \_\_\_\_\_ Province/Territory: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Judo Club: \_\_\_\_\_ Rank: \_\_\_\_\_ **JUDO CANADA MEMBERSHIP #** \_\_\_\_\_  
 email: \_\_\_\_\_

**DIVISION (Please indicate all categories):**

U10 Girls (2007-2008) \_\_\_\_\_ wt \_\_\_\_\_ initial U10 Boys (2007-2008) ) \_\_\_\_\_ wt \_\_\_\_\_ initial  
 U12 Girls (2005-2006) ) \_\_\_\_\_ wt \_\_\_\_\_ initial U12 Boys (2005-2006) ) \_\_\_\_\_ wt \_\_\_\_\_ initial

**U10 & U12 must have weight verified and submitted by their coach on spreadsheet that is part of this tournament package**

**Competitors (or their designate) must confirm their attendance by 7 PM on Friday, March 13.**

U14 Girls (2003-2004)	Wt. Div. _____ kg	U14 Boys (2003-2004)	Wt. Div. _____ kg
U16 Juv. Girls (2001-2002)	Wt. Div. _____ kg	U16 Juv. Boys (2001-2002)	Wt. Div. _____ kg
U18 Cadet Women (1999-2000)	Wt. Div. _____ kg	U18 Cadet Men (1999-2000)	Wt. Div. _____ kg
U21 Women (1996-1998)	Wt. Div. _____ kg	U21 Men (1996-1998)	Wt. Div. _____ kg
Senior Women (2000 & earlier)	Wt. Div. _____ kg	Senior Men (2000 & earlier) <b>yellow-blue</b>	Wt. Div. _____ kg
		Senior Men (2000 & earlier) <b>brown &amp; black</b>	Wt. Div. _____ kg
Kata _____	Tori _____	Uke _____	
Kata _____	Tori _____	Uke _____	

### MINOR (Under 18 years old)

**NOTICE: This is a legal document**, which must be properly completed and signed or your entry will not be accepted. PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

**RELEASE, INDEMNITY, WARRANTY, REGISTRATION AND ASSUMPTION OF RISK**

In consideration of the acceptance of the entry of \_\_\_\_\_ (hereinafter referred to as "the said child") to compete in and/or being permitted to participate in the **2016 JUDO ALBERTA PROVINCIAL JUDO CHAMPIONSHIPS** (hereinafter referred to as "This Event"), I/we for myself/ourselves and for and behalf of the said child hereby release, remise, and forever discharge and agree to indemnify and save harmless the Alberta Kodokan Black Belt Association (also known as Judo Alberta), Tolide Judo Kwai, the City of Fort Saskatchewan, Dow Centennial Centre, their respective organizers, officers, executives, directors, officials, agents, servants, sponsors and representatives (hereinafter referred to as "the releasees") from and against all claims, actions, costs, expenses, and demands in respect of death, injury, loss, or damage to the person or property of said child, or myself/ourselves, however caused, arising out of or in connection with the said child competing, or participating in this event and notwithstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of a common duty of care as an occupier of premises or otherwise, of or by the releases or any of them.

I/We agree to assume all risks, both known and unknown, and all consequences thereof, for me/us and for and on behalf of the said child, arising out of or in connection with said child competing or participating in this event.

I/we agree for myself/ourselves and for and on behalf of the said child to adhere to all rules, regulations and conditions of this event.

I/We agree to allow the said child to participate in one weight division higher than his/her actual weight if there are insufficient competitors in either division and as guided by Judo Alberta's Sanction Policy. He/She may partake in exhibition matches one weight division higher than his/her actual weight.

I/we hereby register the said child as a competitor or participant in this event and I/we certify that:

The said child is in good physical condition and has no injury, disease or disability that would impair his or her performance or physical condition or increase the likelihood of injury in competing or participating in this event.

No physician, nurse, therapist trainer, coach, manager, or other person has advised me/us not to allow the said child to compete or participate in a body contact sport or in this event.

I/we am/are familiar with the sport of judo and the nature of a judo contest. I/we am/are aware that there is a risk of injury by the very nature of the sport. We are the father and mother of the said child or the guardian(s) of the said child and the only person(s) lawfully entitled to act for and on behalf of the said child. This document shall be binding upon the said child, me/us, the heirs, executors, administrators, assignees and personal representatives of each of us and the said child.

I/we have read this document and I/we agree that the said child and I/we are bound by its terms. I/we further understand that it is compulsory and mandatory that this document be fully completed and signed as a condition precedent to the said child competing or participating in this event.

DATE \_\_\_\_\_

**SIGNATURES** \_\_\_\_\_  
 (FATHER/GUARDIAN)  
 \_\_\_\_\_  
 (PRINT NAME)

\_\_\_\_\_ (MOTHER/GUARDIAN)  
 \_\_\_\_\_ (PRINT NAME)

**INSTRUCTIONS:** This form is to be completed for all persons under the age of 18 years by the following person(s):

- both natural parents of the child if living together, if separated and no court order for custody has been granted, if divorced and a court grants joint custody and if the natural parent and the adopting parent of the child is married and if an adoption order has been granted.
- both adopting parents of the child if an adoption order has been granted.
- either the natural mother or natural father of the child if divorced or separated and being the parent who has sole custody of the child by court order.
- all guardians of the child whether appointed by court order or who are guardians by law.
- the natural mother of the child if the child is illegitimate and no court order has been granted giving custody to anyone else.



# 2016 JUDO ALBERTA PROVINCIAL JUDO CHAMPIONSHIP

January 30, 2016

**Please complete all the following information (print neatly):**

Name: \_\_\_\_\_ Birth Year \_\_\_\_\_ Sex: M F  
Address: \_\_\_\_\_ Province/Territory: \_\_\_\_\_ Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_  
Judo Club: \_\_\_\_\_ Rank: \_\_\_\_\_ **JUDO CANADA MEMBERSHIP #** \_\_\_\_\_  
email: \_\_\_\_\_

**DIVISION (Please indicate all categories):**

U21 Women (1996-1998)	Wt. Div. _____kg	U21 Men (1996-1998)	Wt. Div. _____kg
Senior Women (2000 & earlier)	Wt. Div. _____kg	Senior Men (2000 & earlier) <b>yellow-blue</b>	Wt. Div. _____kg
Veteran Women (1986 & earlier)	Wt. Div. _____kg	Senior Men (2000 & earlier) <b>brown &amp; black</b>	Wt. Div. _____kg
		Veteran Men (1986 & earlier)	Wt. Div. _____kg

(Veteran Divisions may be combined/cancelled dependent upon entries)

**VETERAN COMPETITORS ARE REQUIRED TO SUBMIT MEDICAL FORM**

A competitor may only participate once in a Kata either as Tori or Uke.

Kata _____	Tori _____	Uke _____
Kata _____	Tori _____	Uke _____
Kata _____	Tori _____	Uke _____

## ADULT

(18 years and older)

**NOTICE: This is a legal document**, which must be properly completed and signed or your entry will not be accepted. PLEASE READ CAREFULLY. It affects your rights. If you do not understand it, obtain legal advice before signing.

**RELEASE, INDEMNITY, WARRANTY, AND ASSUMPTION OF RISK**

IN CONSIDERATION OF the acceptance of my entry to compete and/or my being permitted to participate in the **2016 JUDO ALBERTA PROVINCIAL JUDO CHAMPIONSHIP** (hereinafter referred to as "this event"), I hereby release, remise and forever discharge, and agree to indemnify and save harmless The Alberta Kodokan Black Belt Association, ), Tolide Judo Kwai, Dow Centennial Centre, the City of Fort Saskatchewan, the organizers of this event, their respective officers, executives, directors, officials, agents, servants, sponsors and representatives (hereinafter referred to as " the Releasees") from and against all claims, actions, costs, expenses and demands in respect of death, injury, loss or damage to my person or property, however caused, arising out of or in connection with my competing or participating in this event and not withstanding that the same may have been caused by, contributed to or occasioned by the negligence, breach of contract, breach of common duty of care as an occupier of premises, or otherwise, of or by the Releasees or any of them.

I agree to participate in one weight division higher than my actual weight if Tournament organizers deem that there are insufficient competitors in my actual weight division and as guided by Judo Alberta's Sanction Policy. I may partake in exhibition matches at my actual weight or one weight division higher.

I agree to assume all risks, both known and unknown, and all consequences thereof, arising out of or in connection with my competing or participating in this event. I agree to adhere to all rules, regulations and conditions of this event.

**I CERTIFY THAT:**

- I am in good physical condition and I have no injury, disease or disability nor have I injected or ingested anything that would impair my performance or physical condition or increase the likelihood of injury in competing or participating in this event.
- No physician, nurse, therapist, trainer, coach, manager or other person has advised me not to compete or participate in a body contact sport or this event.
- I am familiar with the sport of Judo and the nature of a Judo contest. I am aware that there is a high risk of injury by the very nature of the sport.

**THIS DOCUMENT SHALL BE BINDING UPON ME, MY HEIRS, EXECUTORS, ADMINISTRATORS, ASSIGNS AND PERSONAL REPRESENTATIVES.**

I have read this document and I understand it fully.

SIGNED \_\_\_\_\_

DATE \_\_\_\_\_

PRINT NAME \_\_\_\_\_

\* Use of high quality mouth guards are recommended during competition and other forms of sparring.

\* L'utilisation d'un protège buccal synthétique de qualité est recommandée lors de la compétition et autres formes d'entraînement.

Revised / Révision

16/01/2009

**MEDICAL SUMMARY FORM  
FORMULAIRE DE SOMMAIRE MÉDICAL**

\* Information to be used for medical screening and emergency.

\* L'information ne sera utilisée que pour dépistage ou en cas d'urgence médicale.

**Personal Information  
Information Personnelle**

Family name - Nom de famille

Name - Prénom

Address - Adresse

City - Ville

Province

DJ / MM / YYAA

D.O.B. - Date de naissance

Male  Homme

Gender - Sexe

Postal code - Code postal

( ) -

Phone # Téléphone

Female  Femme

Age division  
Division d'âge

Weight category  
Catégorie de poids

Province of registration - Province d'affiliation

**Emergency Contact  
Contacte en cas d'urgence**

Emergency contact name - Nom de la personne à contacter

Relationship - Lien de parenté

( ) -

Home phone # - Téléphone à la maison

( ) -

Work phone # - Téléphone au travail

**Significant injuries or treatments in the last 6 months**

**Blessures ou traitements importants dans les 6 derniers mois**

Details

**Medical Information  
Information Médicale**

Medicare # Assurance maladie

Province

DJ / MM / YYAA

Expiry date d'expiration

Blood type - Type sanguin

N

Y - O

Do you wear glasses/contacts?  
Portez-vous des lunettes/verres correcteurs?

Medication - Médication

Details

Allergies

Details

Recent weight loss - Perte de poids récente

Kg

Recent concussion - Commotion récente

Date

DJ / MM / YYAA

**Medical History  
Problèmes Médicaux**

N

Y - O

Head injury - Blessure à la tête

Seizure/Convulsion - Convulsion

Heart problems - Troubles cardiaques

High blood pressure - Haute tension

Blood problems/Bruising Problèmes  
sanguins/Ecchymose

Asthma - Asthme

Diabetes

Menstrual problems - Problèmes menstruels

Abdominal problems - Problèmes abdominaux

Heat/Dehydration  
Bouffée de chaleur/Déshydratation

Anaphylaxis - Anaphylaxie

Skin disorders/Lesions  
Problèmes cutanés/lésions

If yes - Si oui ...

Details

Athlete signature - Signature de l'athlète

Witness - Témoin

Parent signature (if under 18) - Signature d'un parent (si moins de 18)

Date

# Hotel Information



## **COMFORT INN & SUITES**

120 Town Crest Rd.

Ft. Saskatchewan, AB

780-998-4000