



GRETA GOASDOUE-WALLACE

When did you start judo? I have been doing judo for about 10 years.

Who is your best friend in judo and why? I have made so many really great friends through judo and it would be very hard to just pick one. However, I must give Teyana Roberts an honorable mention due to the fact that we are just very much alike in many different ways and we do so many things together even though they may not be the smartest things to do... :)

What is the best advice a coach has given you?

My dad told me that if I'm going to continue to do my really bad drop seoi-nage that I should at least get on top and dominate in newaza. Also to **grab the sleeves** - both Sensei Laurie and Sensei Garry repeatedly yell at me to do that.

Over the years what has been your favorite Judo Alberta event? My favorite event is probably the Interprovincial training camp in Canmore. I always end up getting some really good fights in, also the views are awesome.

What judo clubs have you belonged to or trained at during your judo career? For my entire career I have been a part of the Hiro's Judo Club and have also been a part of CJC since its beginning.

Favorite place to train? My favorite place to travel was the trip to Japan in 2018 because everything about the experience I had over there was truly incredible.

What are your future goals outside of judo? Outside of judo I really hope to travel and fully experience the different cultures from around the world.



JUDO ALBERTA BLUEWAVE ATHLETE PROFILE

Club:
Hiro's

Favorite Post
Competition Food:
Any type of bread; I am
French

Hometown:
Calgary

Least favorite
training exercise:
Cardio but apparently it
is important

BEST JUDO MOMENT

My proudest judo moment was winning both the U16 and U18 categories at the 2019 National Championships. I fought and beat a lot of really strong girls I struggled with throughout the year and it was great that my hard work paid off.