



**judo
alberta**
THE ALBERTA KODOKAN BLACK BELT ASSOCIATION

Judo Alberta – The Alberta Kodokan Black Belt Association
11759 Groat Road NW
Edmonton, Alberta, Canada T5M 3K6
Office: (780) 427-8379
Toll-Free: (1-866) 919-5836
Fax: (780) 447-1915
Email: judo@judoalberta.com
www.judoalberta.com

MEMORANDUM

To: Judo Alberta Clubs
From: Ewan Beaton HP coach
RE: **Edmonton Area Regional Training**
Date: October 01, 2019

Edmonton Area Regional Training Session
October 11/12, 2019
Division: U14, U16, U18, U21, seniors, Masters

Addresses of Training Sessions:

Tokugawa Judo Club

9647 62nd Avenue, Edmonton, Alberta

| Friday October 11, 2019 Tokugawa Judo Club | Saturday October 12, 2019 Tokugawa Judo Club |
|---|---|
| 19:00PM to 21:00PM Technique & Randori | 8:00AM to 9:00AM Fitness Training |
| | 9:30AM to 11:30PM Technical Training & Randori |

Ewan Beaton HP Judo Alberta Coach
E-mail: Ewan@judoalberta.com

