

2019 JUDO ALBERTA COACHES RETREAT



Date: September 07-08, 2019

Location: Tolide Judo Club,
Fort Saskatchewan



Contact Ewan Beaton for further
details:

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JIMMY PEDRO

Jimmy Pedro is a four time Olympian from the USA winning a bronze medal at the 1996 Atlanta Olympic Games and the 2004 Athens Olympic Games. In 1999 Jimmy Pedro won the World Judo Championships in Birmingham, England.

Jimmy is world-renowned for his judo expertise, coaching ability and training methods. A ne-waza specialist, Jimmy currently owns and operates the Pedro's Judo Center in Wakefield, MA and teaches clinics and seminars around the world.

Jimmy was the head judo coach for team USA for the 2012 and 2016 Olympic Games guiding his team to two Olympic golds, a silver medal and Bronze medal.

Notable Individuals he has coached:

Kayla Harrison 2 x Olympic Champion (2012-2016)

Travis Stevens 2016 Olympic Silver Medalist

Marti Malloy 2012 Olympic Bronze Medalist

Ronda Rousey 2008 Olympic Bronze Medalist

Information

Judo Alberta Coach Retreat – September 7-8, 2019 (Edmonton - Fort Saskatchewan)

Judo Club Location: Tolide Judo Kwai, Dow Centennial Centre

84 St. & 87 Ave. Fort Saskatchewan, <http://www.tolide.com/>

Guest Presenter: Jimmy Pedro, 2 x Olympic Medallist, 3 x World Medallist, 2012/2016 USA Olympic coach

Cost: Free for all coaches in Alberta who are members in good standing / Out of province coaches cheques \$125.00 payable to Judo Alberta

TENTATIVE SCHEDULE

<i>Time</i>	<i>September 07, 2019</i>	<i>Time</i>	<i>September 08, 2019</i>
900-1100	Edmonton Area Athlete Training Session with Jimmy Pedro (U16 Green Belt and Above) The session is free of charge	0800-1000	CONCUSSION AWARENESS DEVELOPING A HIGH PERFORMANCE PATHWAY & TRAINING METHODS
12:00-1330	TACHI-WAZA DEVELOPMENT & DRILLS	1000-1030	Break/Snack will be provided
1330-1400	Break / Snack will be provided	1030-1200	NE-WAZA DEVELOPMENT & DRILLS
1400-1600	JUDO ALBERTA PROGRAM DEVELOPING A CLUB CULTURE		
1600-1630	Break		
1630-1800	KUMI-KATA DEVELOPMENT & DRILLS		

Register for the 2019 Judo Alberta Coach Retreat: Deadline August 31, 2019

<https://www.trackie.com/online-registration/register/judo-alberta-coaches-retreat/33940/>

Hotel:

Judo Alberta Free Hotel: Please indicate if you will need a hotel for the coach retreat

(Double occupancy Saturday Night Only) Please contact ewan@judoalberta.com

2 hotel rooms Lethbridge	2 hotel rooms Hiros
1 hotel room Ishi-yama	1 hotel room Airdrie
1 hotel room Barracuda	1 hotel room Medicine Hat
1 hotel room Raymond	1 hotel room Red Deer
1 hotel room Grand Prairie	1 hotel room Fort McMurray

Note: There is possibility of additional Judo Alberta clubs to be added to the free hotel list if your judo club is not on the list. Judo Alberta will mix and match rooms for coaches/clubs if needed to ensure the maximum participation. If your club will need to have additional rooms for your club please let me know and I can book these rooms for you but the club will be responsible for the cost of the room. (\$95.40+tax per room)