

Judo Alberta – The Alberta Kodokan Black Belt Association

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MEMORANDUM

To: Judo Alberta Clubs

From: Ewan Beaton Judo Alberta HP Coach

Date: January 17, 2019

Judo Alberta Winter Provincial Training Camp, February 16-17, 2019

Division: U14, U16, U18, U21, seniors, Masters

Address for training camp: Tolide Judo Kwai

Dow Centennial Centre, 84 St. & 87 Ave. Fort Saskatchewan

SATURDAY February 16, 2019	SUNDAY February 17, 2019
1300-1500 Ne-waza Technique & Randori	800-900 Fitness & Drills
1500-1700 Break	900-1000 Break
1700-1900 Tachi-waza Technical & Randori	1000-1150 Review & Randori

2019 Open Nationals Qualification Update: Including this camp there are two more Open Nationals Qualification Provincial camps in Alberta. U16/U18/U21 athletes need to participate in 3 training camps in the season to be eligible for nationals. Seniors only need to participate in 1 training camp. Competition Minimums: 20 matches or 4 competitions for U16 and 5 competitions for U18/U21/Senior. Veteran and Ne-waza competitors need to compete in 1 training camp. Talk to your coaches/clubs regarding your status.

2019 Open Nationals Selection Criteria: https://www.judoalberta.com/wp-

content/uploads/2013/04/3-02-Team-Selection-Policy-1.pdf

2019 Veteran & Ne-waza Selection Criteria: https://www.judoalberta.com/wp-

content/uploads/2013/04/3-09-Team-Selection-Policy-for-Nationals-Ne-Waza-Competition.pdf

Next Provincial/National Camp: March 11-12-13, 2019, Edmonton, West Edmonton Mall

Thank you

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