



## **TOURNAMENT POLICY STANDARDS & SANCTIONS**

Approved in principle by the Executive Committee  
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**\*\*Aussi disponible en Français\*\***

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# TABLE OF CONTENTS

## DEFINITIONS:

### MISSION

The purpose of this document is to standardize the operation of judo tournaments and other judo events in Canada; and to challenge the Organizing Committees to host a first-class event that will showcase judo to the parents, public, the media and to the membership of Judo Canada.

### TOURNAMENT (SHIAI)

Any Judo event in Canada that has an objective to determine a winner and/or award prizes, is considered a tournament and should be organized in accordance with the standards outlined in this document. For a practical reasons events are classified into the following categories:

- 1 International events organized in Canada under the jurisdiction of the International Judo Federation or Judo Canada or Provincial/Territorial Judo Organizations, will be organized according to the IJF Sport Organization Rules (available at the <http://www.ijf.org/>).
- 2 National, Provincial, Regional and Club events organized in Canada, will be organized according to the Judo Canada “Tournament Standard and Sanctions” policy. The minimum standards outlined in this policy must be respected, but they may be enhanced by specific regulations approved by a Provincial/Territorial Judo Association.

## JUDO CANADA SANCTIONS & ENDORSEMENT FOR EVENTS

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It is in the best interest of Judo in Canada to ensure that judo events that are held in Canada meet standards that will ensure the success of the event and the safety of the participants. To promote improvement of event standards and prestige, Judo Canada may issue two different levels of sanctions:

**Sanction level A** – for International tournaments that are sanctioned by the IJF; and tournaments that are approved by Judo Canada after formal bidding process was followed. Judo Canada’s staff if required will be involved in organization of such events.

**Sanction level B** – for tournaments that are sanctioned by Provincial Judo Associations Judo Canada will provide automatically sanctions at the “B” Level, provided that standards of the tournament falls within parameters specified in this Policy. Judo Canada will not get involved in the organization of “B” sanctioned competitions

## **Key Points to remember:**

### **Entertainment**

One of the goals of hosting a judo tournament is to win the support of the general public and media. Attention must be placed on non-technical aspects. The presentation of the competition should be approached from an entertainment perspective. Analyse the competition from the spectator's point of view. Pay attention to presentation of the venue; schedule and communication of it to the public; the quality of announcements.

### **Volunteers**

Regardless of the size of the event one of the keys to hosting a successful Judo tournament is a well structured Organizing Committee. Each individual must have a clear understanding of roles and areas of responsibility before committing to the project. At the time that volunteers are being recruited it is essential that they are presented with a detailed job description, understand the reporting structure, know how their position fits into the overall organization, and most importantly, are able to commit to the number of hours of service required. Detailed Job descriptions with an estimated time commitment are available from Judo Canada.

### **Leadership**

Depending on the size and a scope of the event, the leadership may be as small as a Technical Director of the dojo for a small club tournament, to an Executive Committee of an independent corporation run by a professional staff for a large scale International Events. The leadership of the organizing committee must keep the project on task and within budget. A detailed task list, with established deadlines and priorities, will ensure that the tasks are completed on time and remain coordinated between the various subcommittees. It is essential that volunteers are able to deliver on schedule. When a task is not completed as required the volunteer must be made aware of his / her responsibility to the other members of the committee and the problem must be rectified as quickly and efficiently as possible.

- Number of Volunteers and defined roles: To host a successful competition takes a large number of volunteers. Use the proposed by Judo Canada job descriptions and stick to it. One volunteer – one job. Do not overload volunteers with a variety of tasks. You will lose them and their job will not be done well.
- If one of the goals of hosting an event is to popularize judo, the presentation of the event must appeal to today's sporting industry consumer. Enlist the support of non-judo volunteers, parents, service clubs who may bring a different perspective and expertise.
- An opening ceremony should take no more than ten minutes. The shorter it is the better.
- Medal ceremony should be integrated into the final order of matches and not left to the end of the competitions when often there is no spectator left.
- The competition site can not be disassembled until the last medal ceremonies are concluded.

## TOURNAMENT REGULATIONS

1. All the listed below regulations are in addition or they are modifications, clarifications and adaptations of the Sport Organization Rules of the IJF. Since the IJF is responsible only for sanctioning of the World level events, there is a number of areas that are outside of their jurisdiction and thus requiring modifications addressing various age groups and capacities.
2. Participants in any judo event in Canada, must be members in good standing of Judo Canada or members of other judo association recognized by the IJF.
3. The Date of the Event must be approved by the Technical Committee (or P/T equivalent), to fit into the yearly competition calendar with the goal to benefit the development of the athlete in accordance with the Long Term Athlete Development Model.
4. Judo Canada Code of conduct, Discipline Procedure and Coaching Code of Ethics will be enforced.
5. Competitors must wear shoes or sandals while not on the mat.
6. Coaches will be allowed in the vicinity of the mat. For events under the IJF jurisdiction as per the IJF rules; for events under Judo Canada and Provincial/Territorial association jurisdiction coaches are required to wear an appropriate track suits. For all other events coaches must be dressed appropriately. No head covering of any kind is allowed when coaching.
7. At the National Championships, the Provincial coaches must be certified Level III. At the Provincial level events the minimum recommended level for a head coaches is level 2 or Dojo Instructor. Coaches with level 1 or Dojo Assistant may be accredited as assistants to the Head coach.
8. Although the focus of the Canadian Centre for Ethics in Sport (CCES) is on the athlete competing at International and National level, all judo events in Canada are subject to the Canada's Anti-doping Policy and therefore subject to unannounced doping control. To learn more about this policy please visit <http://www.cces.ca/pdfs/CCES-PUB-AthleteGuideDopingControl-E.pdf>
9. No head covering of any kind is allowed in judo competition. For more specific policy see the following link: [http://www.judocanada.org/doc/Policies%20-%20Politiques/00000697\\_Microsoft%20Word%20-%20Head%20Covering%20Policy%20\\_EN.pdf](http://www.judocanada.org/doc/Policies%20-%20Politiques/00000697_Microsoft%20Word%20-%20Head%20Covering%20Policy%20_EN.pdf)
10. For all International and National level events organized in Canada the IJF mat combat surface regulations apply. The size of the competition area shall be 8m x 8m with a three meter outside safety zone. In case of two or more adjacent combat area, the safety zone between two tatamis remains 3 m.
11. For competition of children U15 and younger, the combat area may be reduced to

6m X 6m. The safety zone remains 3m.

12. For competition of children U13 and younger, the minimum combat area may be reduced to 5m X 5m; The safety zone around remains 3 m.
13. **The safety zone may be reduced to two (2) meters providing that the tournament regulations are modified and the edge of the combat area is declared as the limit where the action can develop (old judo regulations).**
14. Tournament records including draw sheets must be preserved. All records of Nationally "A" sanctioned events must be communicated to Judo Canada within 4 weeks of the event.
15. All records of Provincial and Multi-Provincial Events should be kept at the office of the host Province and made available to Judo Canada upon request.
16. The name of the event must not be misleading, compromise another organisation's rights or express an authority that is beyond that of the organising committee (i.e. the IJF has the expressed rights to "World" level events, Judo Canada has the expressed rights to "National" level events, etc.).

## COMPETITION RULES - GENERAL

1. The rules below are clarifications to the IJF regulations; or modifications of the IJF regulations; or supplementary rules to the IJF regulations;
2. To allow gaining an adequate competitive experience to young but exceptionally mature athletes, Judo Canada, applies the following “*early bloomer*” clause. **“an athlete who wins a medal at the U17 National Championships can enter a National Championship in an older age group ( U20, Senior) in the following year despite the fact that he/she still is U17; AND an athlete who wins a medal at the U15 National Championships can enter a National Championship in age group ( of U17 and U20) in the following year despite the fact that he/she still is U15;”** subject to approval on a case-by-case basis.
3. Golden Score rule will apply for Senior, U20 and U17, but not for the Veteran, U15 and younger age divisions.
4. **No Kansetsu Waza or Shime Waza are allowed in any competition for a novice judoka – Orange Belt and below;**
5. **No Kansetsu Waza are allowed in any competition for a judoka under the age of 17.**
6. **No Shime Waza are allowed in any competition for a judoka under the age of 15.**
7. The U15 and younger are not allowed to use Sankaku gatame for it is impossible to determine whether it is applied as a Katame or a Shime waza.
8. In case a Visually Impaired judoka enters judo tournaments for able body athletes, and he/she does not consent to compete as per the able judo regulations, the regulations for a Visually Impaired Judo will automatically apply. If the Able body judoka does not wish to consent to compete against the Visually Impaired judoka according to the modified regulations, the Visually Impaired judoka wins by fusen gachi. Tournaments used for selection should be excluded from this regulation. The Visually Impaired Judoka may agree to compete as per the able body regulations.
9. White and a Blue judogi are required at all IJF sanctioned International level events. All National Championships in Canada require two colour judogi. At all other events in Canada the choice of one or two colour judogi is at a discretion of the Organizing Committees of events.
10. Any competitor not on the mat area after having been called three (3) times, at 1 minute intervals, will be automatically eliminated.

11. Any competitor disqualified by direct hansoku-make for action dangerous to the opponent or action contradictory to the spirit of judo will not be eligible for repechage and will lose his/her standing. A competitor disqualified by direct hansoku-make for any other reason, loses the match but can continue in the repechage round.
12. Any competitor submitting by kiken-gachi (injury) will not be allowed to resume competition without permission from the medical officer appointed by the tournament organizing committee.
13. All judoka entering the tournament must have an immediate access to a second T-shirt (female) and judogi conforming with the IJF regulations.
14. Rest between bouts will be 10 minutes minimum.
15. No alcoholic beverage or drugs are permitted on the premises of judo tournament.

## **TOURNAMENT FORMATS AND DRAW SYSTEM**

### **The tournament format must be announced in advance of the event.**

**A) World Ranking** events under the IJF Jurisdiction and Continental Championships, regardless of number of participants in a weight category:

1. straight elimination without repechage for a Grand Slam, Grand Prix and Masters events. Losers of the semifinal receive bronze medals.
2. straight elimination with a quarterfinal (last 8 competitors) repechage at the World Championships, Continental Championships and World Cup events.

**B) Other events taking place in Canada.**

### **For Weight categories with eight (8) or more entrants**

1. Double repechage system – used at the Senior National Championships and Rendez Vous Canada.
2. Modified double elimination system – used at the U20; U17 and U15 National Championships
3. True double elimination system

### **Weight categories fielding seven (7) or less entrants**

1. two (2) pool system for six(6) and seven (7) entrants – used at all National Championships and Rendez Vous Canada .
2. one pool system (Round Robin) for five (5) and less entrants – used at all National Championships and Rendez Vous Canada.
3. Modified double elimination
4. True double elimination.

## **FORMAT– details**

### **Double Repachage system:**

1. Participants in each weight category are drawn into two tables, "A" and "B". Each table is subdivided into two (A1, A2, B1, B2).
3. Straight elimination until the finalists are determined for each subgroup. Repechage competition begins after winners of the A1, A2, B1 and B2 subdivisions are determined.
4. Winner A1 meets winner A2 and winner B1 meets winner B2 to determine the winners of tables A and B, respectively.
5. Winners of table A and table B compete to determine first and second place, while the losers in 4 (above) compete for third place against the winners of the repechage from the opposite table.
6. For the national team selection purpose the two bronze medallists (5 above) will meet to determine third and fourth place ranking (unless they met in an earlier round of the tournament).

### **Modified Double Elimination system.**

1. The winner of each match advances to the next round until only 1 undefeated athlete remains in championship tables A and B. These athletes will meet to determine the gold and silver medals.
2. After a first loss in the championship tables A or B, the losing athlete is moved to the corresponding repechage table according to the bout number just fought. Bout numbers in the championship table, a1, a2, a3 and so on, have a corresponding match in the repechage tables which indicates the next position for the loser of the bout.
3. A loss in the repechage table eliminates the athlete from further competition.

### **True Double Elimination system.**

1. As above except the competition continues until each of the athletes, with an exception of the winner, loses twice. In this system an athlete who loses one bout, can still win the competition.
2. The winners of pool A and B fight and the loser of that bout waits for the winner of the repechage.

### **Pools System**

1. Preliminaries will consist of pools of three (3), four (4), or five (5) competitors as necessary. Two (2) competitors will be selected by addition of wins. In case of a tie in number of wins, the highest point score will determine the winner. In case of a tie in points, the competitor having won his/her fight in the pool will be declared the winner.
2. In weight categories fielding 2 entrants, the competitors will fight twice. In case of a tie in victories, a third fight will be held. For a National Championships, Judo Canada will cancel a weight category should there be less than two competitors in that weight category.
3. Competition will be by direct elimination after the pools. Winners of "A" will fight the second place of Pool B and the winner of pool B will fight a second place from pool A. Winners of these bouts will meet for a gold medal and losers will be awarded bronze medals.
4. Determination of a winner in a pool is made on the following basis: **1 point** for a win and Judo specific points as per the table below. I.E. win by ippon recorded as 1/10; wazari recorded as: 1/7; by yuko as: 1/5 etc. The points for wins are added and the larger points win. In case there are equal number of wins accomplished by number of competitors, the small points are added and the highest total wins, etc. In case there is a tie in both points totals, the winner is determined by who beat whom. There is no possibility of a two way tie in a pool system. There is a probability of a triple tie.

Point system.

Call	Equivalent	Points	Abr.	Explanation
Ippon		10	IPO	Full point
Waza-Ari		7	WAZ	Not quite Ippon
Yuko		5	YUK	Note quite Waza-ari
Hansoku make Or 4 <sup>th</sup> shido	Ippon	10	HAN	Disqualification
3 <sup>rd</sup> Shido	Waza-ari	7	3SH	Penalty
2 <sup>nd</sup> Shido	Yuko	5	2SH	Penalty
Yusei gachi		1	YUS	Decision
Fusen gachi		10	FUS	Default
Kiken gachi		10	KIK	Withdrawal or Injury
Sogo gachi		10	SOG	Compound win (3shido + Waza-ari)

#### 5. **Tie breaking criteria for a pool system.**

- The tied competitors compete again in a Round Robin in a pool of three
- In case the tie in the pool persist the following tie breaking criteria will apply (**IMPORTANT** *the time of each bout must be correctly recorded*)
- the tournament director will decide whether the competition schedule allows conducting the round robin involving tied competitors for the second, third time. (i.e. minimum time required in pool of 3 competitors is 29 minutes for U15 and 36 minutes for Seniors).
- In case the tie persists after the second round (or third if such was conducted), the total time of bouts won in the competition, by each of the participant, will be added. The judoka with the shortest total time will be place first; the judoka with the second shortest time will place second; etc.
- In case the tie persists after the step (2), the weight of the competitors recorded during the official weigh-in will determine their placing. The lightest will place first, second lightest second; etc.

In case the tie persists, the Tournament Director or a designate will make a decision on further action

**NOTE: In a pool tournament format, when an athlete is withdrawn (Medical or Direct Hansoku-make) from the tournament prior to the commencement of his/her last bout in the pool, all the points received by this competitor or against him/her are erased.**

## WEIGH-IN

Weigh-in procedure will be conducted according to the IJF rules unless modification is allowed as per the regulations below or noted in the competition specific Technical Package. The Tournament Director or designate attends the weigh in to ensure order and control.

1. A set of trial scales or access to official scales must be available to the participants of the event. For events when a headquarter hotel is selected, scales must be made available at this location at least one full day before the weigh-in. If trial scales are not the same as the official scales, these must be calibrated to read identically to the official scales. If electronic scales are used, the required accuracy is up to 100 grams (the first decimal digit after kilogram reading). If the display shows more digits, these must be covered by non-transparent tape.
2. Trial scales for male and female athletes must be placed in separate rooms.
3. There must be separate weigh-in rooms for male and female athletes.
4. For events where a multiple official weigh sessions occur, to avoid damage and/or maintain calibration of the official scales, they shall remain locked in a secure room except for the weigh-ins and one hour prior to the official weigh-in. The official scales must be available to the athletes one hour prior to the start of the official weigh-in
5. All weigh-in room attendants must be of the same gender as the athletes.
6. The official weigh-in must be held a minimum of two hours prior to the start of competition.
7. At large events to ensure an orderly procedure, each weight class is assigned to a specific scale. Contestants must weigh on the assigned scale only and can not change.
8. Each Canadian athlete is required to present a Judo Canada passport (or equivalent) at the official weigh-in.
9. The athletes shall weigh-in naked or wearing only underclothing, under the supervision of the weigh-in official; the athlete may be requested to remove his/her underclothing to ensure he/she reaches the minimum weight limit of the weight class in which he/she entered.
10. Unless noted otherwise in a tournament technical information package, no weight tolerance is accepted. Contestant's weight must be within the lower and upper limits of the class for which he/she is registered, with the exception of the lightweight and heavyweight classes. Each athlete is

allowed to step on the scale only once for no more than 60 seconds or as instructed by the official. I.e. A brief step-down from the scale to remove clothing or to cut hair is allowed.

11. The exact weight of the contestants, including heavy weights, must be entered on the weigh-in sheet, together with the signatures and initials of the weigh in official. For events where entries are made to a specific weight division, in case the athlete does not meet the weight standards, the weight must be dully recorded and confirmed with a signature of the weigh in official and a witness.
12. In events where grouping of categories is determined only after all participants go through the weigh in, an exact weight of each entrant must be recorded.
13. At events where athletes are preregistered, any athlete who does not show up at the weigh-in, or who does not meet the weight requirements, will be disqualified. No refunds will be made for not meeting the weight requirements. Athletes not making weight may be fined.
14. For Veterans age division, in case two weight classes are combined, the contestant must weigh within the lower limit of the lower weight class and the upper limit of the higher weight class.

## **MEDICAL COVERAGE**

The appropriate medical / therapy supervision and care at competitions is a fundamental aspect of hosting any competition.

At events under the IJF jurisdiction, only Medical Doctors accredited by the IJF will have access to the competition area. At these events the medical personnel accredited by the team, will have a priority over the domestic medical staff, for the care of athletes of their respective teams.

At National Championships Judo Canada will appoint a chief medical officer who will be in charge of the medical staff designated by the Local Organizing Committee.

For any judo competitions in Canada, a Medical officer for must be appointed and must meet one of the following professional standards:

- Medical Doctor (preferably experienced in service of judo events)
- Certified athletic therapist
- Physiotherapist with a valid first responder certificate
- Emergency Response Nurse
- Certified Paramedic

Each Venue hosting judo competitions must have an Emergency Action Plan.

Each venue hosting judo competitions must be equipped with a basic First Aid Kit, Pocket mask, oropharyngeal and nasopharyngeal airways and splinting equipment.

In addition to the above, each organizing committee hosting judo competitions for Veteran (Master) athletes, must offer access to an AED (automatic external defibrillator). In addition, Judo Canada strongly recommends to each organizing committee hosting judo competitions for Veteran (Master) athletes to offer access to oxygen tank and non-rebreather oxygen masks.

Each Venue hosting judo competition must provide “blood free” environment. To remove any blood contamination from the combat zone a chlorine solvent must be available for cleaning. A judogi contaminated with blood, must be changed.

Each Veteran Participant must fill out a Judo Canada Medical Summary Form prior to entry into any event.

## **DRAW**

All events under the IJF jurisdiction will hold the draw a night prior to the first day of the competitions. These draws are final and in case athletes don't meet the weight eligibility standard, they are disqualified and their opponents will receive a fusen gachi win.

At the National Championships in Canada the draw takes place the night prior to the first day of the competition. **However**, in a case an athlete fails to make weight the next morning, that athlete is eliminated; **and** Judo Canada reserves the right to redraw the pools if the draw becomes unbalanced. - For example: A weight class with seven athletes is drawn the night before so that Pool "A" has 4 athletes and Pool "B" has 3 athletes. If an athlete in Pool "B" does not make weight then the weight class will be redrawn. If an athlete in Pool "A" does not make weight the Pools are balanced at three athletes each and there is no need to redraw.

All other events in Canada may either perform the draw the night prior and apply the measures as described in the paragraph above: or perform the draw on the morning after the weigh-in has been concluded.

A use of computerized tournament management system that offers a randomized draw option is recommended.

The draw is posted and distributed as soon as possible.

A frequent update of draws should be made available to spectators, wherever possible.

## AGE AND WEIGHT DIVISION STANDARDS & SPECIFIC REGULATIONS

As per the IJF regulations,  
for all age divisions, age refers to THE AGE AS OF DECEMBER 31st

### U7

Children younger than 7 years old.

1. No Shiai competition is allowed for this age group.
2. Skill demonstration is allowed and must include: breakfalls in all direction and to the left and right side; Ne waza holddown techniques and escapes in at least two directions; Nage waza - during the demonstration of throwing techniques, the grip is allowed only at the front of the judogi, except when a hip throwing technique is demonstrated.
3. Demonstration may include randori for judoka who earned at least a yellow belt. This randori is not judged, but is a part of the demonstration.
4. All participants must be awarded at the end of the presentation.

**NOTE:** If randori is a part of the demonstration, participants must be matched by size; genders may be mixed; The randori demonstration does not require a tournament size tatami.

Grip is allowed only at the front of the judogi.

#### The following actions are forbidden:

- o kansetsu and shime waza
- o Head locking with a grip over or around the neck
- o Leg grabbing techniques – to be removed once the new IJF regulations are permanent. .
- o All drop down techniques, which start on one or both knees.
- o Tani otoshi
- o makikomi waza
- o sutemi waza.

<b>U9</b>			
Mixed Gender Events are allowed			
Age Minimum	7 years	Age Maximum	8 years
Rank Minimum		5 <sup>th</sup> kyu (yellow)	
Time Duration	2 minutes; fixed time of the bout <b>or</b> up to 3 ippons.		
Up to and including 20kg +20 kg up to and including 23 kg +23 kg up to and including 26 kg +26 kg up to and including 29 kg +29 kg up to and including 32 kg +32 kg up to and including 35 kg +35 kg up to and including 38 kg +38 kg up to and including 41 kg +41 kg up to and including 44 kg			

The randori demonstration does not require a tournament size tatami.

Skill demonstration must be a part of the competition. For this age group skill demonstrations may be performed in a group setting under direction of the instructor. White belts of this age groups must be involved in Skill demonstration only and not in randori or shiai.

A shiai tournament format for this age group must allow all participants to have a minimum competitive experience of a few minutes of fighting as oppose to a few seconds which is usually the case when a regular judo regulations are applied. The recommended format is Round Robin in which each judoka is having three to four two minute bouts. Only in cases when one of the competitors dominates by scoring three ippon's in a row, the judge will break this bout. Grip is allowed only at the front of the judogi The shiai is judged by one judge only based on the following:

technical proficiency (chosen directions, ability to destabilize the opponent, control, usage of left and/or right-handed techniques) – up to 10 points;  
 desire to compete up to 10 points;  
 fair play up to 10 points;

The total number of points are added for all bouts for each child and this is their score for which they get a prize.

**The following actions are forbidden:**

- o kansetsu and shime waza
- o Head locking with a grip over or around the neck
- o Leg grabbing techniques – **to be removed once the new IJF regulations are permanent.**
- o All drop down techniques, which start on one or both knees.
- o Tani otoshi
- o makikomi waza
- o sutemi waza.

<b>U11</b>	
One weight division. Mixed Gender Events are allowed.	
Age Minimum	9 years
Age Maximum	10 years
Rank Minimum	5 <sup>th</sup> kyu (yellow)
Time Duration	2 minutes. No golden score.
Up to and including 23kg +23 kg up to and including 25 kg +25 kg up to and including 27 kg +27 kg up to and including 30 kg +30 kg up to and including 33 kg +33 kg up to and including 36 kg +36 kg up to and including 39 kg +39 kg up to and including 42 kg +42 kg up to and including 45 kg and over 45kg	

Mixed gender competition is allowed. The competition should provide the participant with a minimum of three bouts in a Round Robin format. The goal is to deliver a positive and meaningful competitive experience; .

The recommended format is Round Robin in which each judoka is having three to four two minute bouts. Only in cases when one of the competitors dominates by scoring three ippon's in a row, the judge will break this bout. grip is allowed only at the front of the judogi The shiai is judged by one judge only based on the following:

technical proficiency (chosen directions, ability to destabilize the opponent, control, usage of left and/or right-handed techniques) – up to 10 points;  
 desire to compete up to 10 points;  
 fair play up to 10 points;

The total number of points are added for all bouts for each child and this is their score for which they get a prize.

The following actions and waza are forbidden by the NSO and will be penalized by a shido after a second attempt (The first attempt is not penalized and the judge will explain to the judoka that such an action is not allowed):

- o kansetsu and shime waza.
- o Head locking with a grip over or around the neck.
- o Leg grabbing techniques – **to be removed once the new IJF regulations are permanent.**
- o All drop down techniques, which start on one or both knees.
- o Tani otoshi.
- o makikomi waza.
- o sutemi waza.

<u>Males</u>		<b>U 13</b>	<u>Females</u>	
Age Minimum	11 years		Age Minimum	11 years
Age Maximum	12 years		Age Maximum	12 years
Rank Minimum	5 <sup>th</sup> kyu - (Yellow)		Rank Minimum	5 <sup>th</sup> kyu - (Yellow)
Time Duration	2 minutes. No GS		Time Duration	2 minutes. No GS
Up to and including 30 kg +30 kg up to and including 34 kg +34 kg up to and including 38 kg +38 kg up to and including 42 kg +42 kg up to and including 46 kg +46 kg up to and including 50 kg +50 kg up to and including 55 kg +55 kg up to and including 60 kg more than 60 kg			Up to and including 28 kg +28 kg up to and including 32 kg +32 kg up to and including 36 kg +36 kg up to and including 40 kg +40 kg up to and including 44 kg +44 kg up to and including 48 kg +48 kg up to and including 52 kg +52 kg up to and including 57 kg more than 57 kg	

Preferred tournament format – Round Robin; Pool system or Modified Double Elimination.

The grip is allowed only at the front of the judogi.

The following actions and waza are forbidden by the NSO and will be penalized by a shido:

- o kansetsu and shime waza.
- o Head locking with a grip over or around the neck.
- o Leg grabbing techniques – **to be removed once the new IJF regulations are permanent.**
- o All drop down techniques, which start on one or both knees.
- o Tani otoshi.
- o makikomi waza.

Notice that this is the youngest age group where the Sutemi Waza is allowed.

JUVENILE MALE		U 15	JUVENILE FEMALE	
Age Minimum	13 years		Age Minimum	13 years
Age Maximum	14 years		Age Maximum	14 years
Rank Minimum: -			Rank Minimum	
For Regional level events	5 <sup>th</sup> kyu (yellow)		For Regional level events	5 <sup>th</sup> kyu (yellow)
For National level events	3 <sup>rd</sup> kyu (Green)		For National level events	3 <sup>rd</sup> kyu (Green)
Time Duration	3 minutes. No GS		Time Duration	3 minutes. No GS
up to 34 kg More than 34 kg and up to 38kg More than 38 kg and up to 42 kg More than 42 kg and up to 46 kg more than 46 kg and up to 50 kg more than 50 kg and up to 55 kg more than 55 kg and up to 60 kg more than 60 kg and up to 66 kg more than 66			up to 32 kg more than 32 kg and up to 36 kg more than 36 kg and up to 40 kg more than 40 kg and up to 44 kg more than 44 kg and up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg	

IJF regulations; NO Kansetsu or Shime waza are allowed.

Sankaku gatame or sankaku roll over are interpreted as attempts on a Shime Waza and therefore are forbidden.

Format as designated by the Tournament Organizing Committee.

<u>CADET MEN</u>	<b>U 17</b>	<u>CADET WOMEM</u>
Age Minimum            15 years Age Maximum            16 years and younger as per the Early bloomer clause*		Age Minimum            15 years Age Maximum            16 years and younger as per the Early bloomer clause *
Rank Minimum: For Regional level events    5 <sup>th</sup> kyu (yellow) For National level events    3 <sup>rd</sup> kyu (Green)		Rank Minimum For Regional level events    5 <sup>th</sup> kyu (yellow) For National level events    3 <sup>rd</sup> kyu (Green)
Time Duration            4 minutes.		Time Duration            4 minutes.
<ul style="list-style-type: none"> <li>up to 46 kg</li> <li>More than 46 kg and up to 50 kg</li> <li>more than 50 kg and up to 55 kg</li> <li>more than 55 kg and up to 60 kg</li> <li>more than 60 kg and up to 66 kg</li> <li>more than 66 kg and up to 73 kg</li> <li>more than 73 kg and up to 81 kg</li> <li>more than 81 kg and up to 90 kg</li> <li>more than 90 kg</li> </ul>		<ul style="list-style-type: none"> <li>up to 40 kg</li> <li>more than 40 kg and up to 44 kg</li> <li>more than 44 kg and up to 48 kg</li> <li>more than 48 kg and up to 52 kg</li> <li>more than 52 kg and up to 57 kg</li> <li>more than 57 kg and up to 63 kg</li> <li>more than 63 kg and up to 70 kg</li> <li>more than 70 kg</li> </ul>

IJF regulations; NO Kansetsu waza are allowed.  
Format as designated by the Tournament Organizing Committee.

<u>JUNIOR MEN</u>	<b>U20</b>	<u>JUNIOR WOMEN</u>
Age Minimum            16 years		Age Minimum            16 years
Age Maximum            19 years		Age Maximum            19 years
Rank Minimum For Regional level events    5 <sup>th</sup> kyu (yellow) For National level events    2 <sup>nd</sup> kyu (Blue)		Rank Minimum For Regional level events    5 <sup>th</sup> kyu (yellow) For National level events    2 <sup>nd</sup> kyu (Blue)
Time Duration            4 minutes		Time Duration            4 minutes
<ul style="list-style-type: none"> <li>up to 55 kg (not an IJF weight division)</li> <li>more than 55 kg and up to 60 kg</li> <li>more than 60 kg and up to 66 kg</li> <li>more than 66 kg and up to 73 kg</li> <li>more than 73 kg and up to 81 kg</li> <li>more than 81 kg and up to 90 kg</li> <li>more than 90 kg and up to 100 kg</li> <li>more than 100 kg</li> </ul>		<ul style="list-style-type: none"> <li>up to 44 kg (not an IJF weight division)</li> <li>more than 44 kg and up to 48 kg</li> <li>more than 48 kg and up to 52 kg</li> <li>more than 52 kg and up to 57 kg</li> <li>more than 57 kg and up to 63 kg</li> <li>more than 63 kg and up to 70 kg</li> <li>more than 70 kg and up to 78 kg</li> <li>more than 78 kg</li> </ul>

IJF regulations;  
Format as designated by the Tournament Organizing Committee.

<b>SENIOR MEN</b>	<b>SENIOR WOMEN</b>
Age Minimum            16 years	Age Minimum            16 years
Rank Minimum For Regional level events    5 <sup>th</sup> kyu (yellow) For National level events    2 <sup>nd</sup> kyu (Blue)	Rank Minimum For Regional level events    5 <sup>th</sup> kyu (yellow) For National level events    2 <sup>nd</sup> kyu (Blue)
Time Duration            5 minutes	Time Duration            5 minutes
up to 55 kg (not an official IJF weight division) more than 55 kg and up to 60 kg more than 60 kg and up to 66 kg more than 66 kg and up to 73 kg more than 73 kg and up to 81 kg more than 81 kg and up to 90 kg more than 90 kg and up to 100 kg more than 100 kg OPEN weight division	up to 44 kg (not an official IJF weight division) more than 44 kg and up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg and up to 70 kg more than 70 kg and up to 78 kg more than 78 kg OPEN weight division

IJF regulations;

Format as designated by the Tournament Organizing Committee.

# VETERANS

## AGE DIVISIONS:

<u>Gender</u>	<u>Age Categories</u>
M1/F1	30-34 years
M2/F2	35-39 years
M3/F3	40-44 years
M4/F4	45-49 years
M5/F5	50-54 years
M6/F6	55-59 years
M7/F7	60+ years

**NOTE:** The IJF recognizes the following additional age divisions: 8 age 65 to 69; 9 age 70 to 74; 10 age 75 to 79; 11 age 80 plus.

## Weight Divisions:

<u>VETERAN MEN</u>	<u>VETERAN WOMEN</u>
Time Duration 3 minutes for age divisions 1 through 6 2 minutes for age division 7 No golden score.	
up to 60 kg more than 60 kg and up to 66 kg more than 66 kg and up to 73 kg more than 73 kg and up to 81 kg more than 81 kg and up to 90 kg more than 90 kg and up to 100 kg more than 100 kg OPEN weight division	up to 48 kg more than 48 kg and up to 52 kg more than 52 kg and up to 57 kg more than 57 kg and up to 63 kg more than 63 kg and up to 70 kg more than 70 kg and up to 78 kg more than 78 kg OPEN weight division

A major difference between veterans judo and senior/masters judo is the potential variance with respect to numbers of competitors per category. In veterans judo, there are 7 age categories and 7 weight categories per gender. It may often be the case that, due to lack of participants, categories and/or age groupings be combined in certain veterans shiais. Therefore, there may be some variance with respect to categories contested from tournament to tournament.

For example, the 2009 National Championships featured:

**three age categories:** under 40 years; 40 to 50 years; over 50 years of age

**three weight categories for each gender:**

Males -66 kg; -81 kg; 81+kg,  
 Females -57kg; -70kg; 70+kg.

# KATA

Kata competition in Canada will not have gender specific divisions. All female, all male or mixed pairs are accepted.

There is no age limit in Kata competition

Competitions must be judged by designated and certified by Judo Canada kata judges.

The following kata are demonstrated in a contest format in Canada:

GOSHIN JUTSU  
KATAME-NO-KATA  
JU-NO-KATA and  
NAGE-NO-KATA  
KIME NO KATA